

Flint Area Unity Council Newsletter

FAUC Website: www.geneseecountyaa.org



July 2016

AA Help Line (810) 234-0815

Guest Columnist "Missed Meetings"

So you missed some meetings and haven't called your sponsor. You want a drink and quit using your Higher Power. Before you have that drink, think about all the information you have learned in A.A.

In A.A. you have learned many things and you have to rethink them in order not to have that drink. You also have to call your sponsor and reestablish yourself with A.A. members. Rekindle your connection with your Higher Power. Start using the Steps and A.A. Literature. Keep going to meetings and utilize the information being given around the table.

Your sobriety is very important to you and must be protected by you. It may have taken years to establish your present rate of time in A.A. Protecting this time is your responsibility and not taking that drink means everything.

I lost my battle to keep my sobriety by having that drink. Eight months ago I had that drink and it lasted about four months. During this time period I started with two shots and two beers which led to fifth after fifth. I asked myself, "What are you doing?" I rejoined A.A. and now I am fine and going to meeting. Don't relapse!

by Stephen



FAUC Meetings: Date-Location

July 17 – Arid Club
August 21 - Arid Club
September 18 – Arid Club
October 16 – Arid Club

Announcements

The Flint Area Unity Council Traditions Skit will next be at the Thetford Meeting at 7 pm in July. There will be a Potluck dinner following. So come out and support the Thetford group and the Traditions Skit with your favorite dish to pass. Call 3-1-613-3703 for details.

The Public Information, Treatment Facilities, and the FAUC Secretary all have OPEN Positions to fill. Please bring your willingness and talents to the next FAUC meeting on July 17th at the Arid Club to volunteer to fill one of these vacancies.

The FAUC Picnic will be on July 24th at the Flushing Park. A small committee has been formed and is looking for help. Please call Doug G. at 810-410-7458 for details.



Broken pieces gain common welfare and A.A. unity.

Volunteers Needed

Flint Area Unity Council Committee service work puts the group donations to work by helping the still suffering alcoholic.

The Pass The Hat Association, Inc. has openings to fill. Please call 810-410-7458 for details.

Call the Corrections Committee to help serve. 810-624-2772.

The Literature Committee traveling display's ready for your meeting. Please call 313-613-3703 for details.

The Literature Committee has the Traditions Skit on the road! Please call 313-613-3703 for details.

The Special Needs Committee plans to meet at homes of those in need. Please call 810-471-0305 for details.

FAUC Committees

Al-Anon Liaison
Joann G 810-845-5318
Answering Service;
Chair - Wayne T. 810-962-5036
Co chair Doug G. 810-410-7458
CPC- Cooperation with the Professional Community;
Chair - Richard B 810-938-9755
Co chair Bob W. 810-814-7988
Corrections; Chair
George W. 810 - 624 - 2772
Grapevine: Chair
Kamesha M. 810-449-5242
Literature/Meeting Books:
Chair – James P. 313-613-3703
Co chair; Doug G 810-410-7458
PI-Public Information: Chair
OPEN
Special Needs: Chair
Hannah R 810-471-0305
Treatment: Chair
OPEN
Young People: Chair
Gregory G 810-730-3146
Website: Chair
Katrina H 810-347-2330

FAUC Secretary;
OPEN
PTHA, Inc. Treasurer:
Gordon G 810-845-9953
FAUC Chair:
Deborah B 810-493-5312
FAUC Newsletter Editor –Doug G,
Any/all comments welcome,
810-410-7458 or email
farfromittoday@aol.com

FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

1. To promote Unity among Flint Area A.A., and harmony with Al-Anon and Ala-teen groups
2. To exchange group ideas.
3. The G.S.R.'s and Alternates shall act as trusted servants of their groups.
4. Each group shall be represented by a G.S.R. or Alternate. One vote per group shall be allowed in the determining matters of policy and action affecting the groups. (Committee persons are allowed one vote.)
5. To continue advancement of Twelve Step work and sponsorship.
6. To help financially any member group of this Council who needs help. A two-thirds majority vote will pass on any such loans which shall not be in excess of sixty days.
7. The Twelve Traditions and Twelve Concepts of A.A. shall prevail at all times.
8. No monies will be spent or sent out of the Council area without a two-thirds majority vote of the groups that have paid into the council in the last three months. If they are not present they will be contacted for a vote on the issue within one week.
9. The Council will create service committees and be financially responsible for them.

"Any group or district of the Fellowship is free to use the symbol of a circle and triangle on newsletters, meeting schedules or other A.A. material." From "The A.A. SERVICE MANUAL Combined With the TWELVE CONCEPTS for WORLD SERVICE by Bill W." page S41, reprinted by permission of A.A.W.S.



Flint Area Open Speaker Meetings* for the Month

If you would like the Speaker at a meeting listed, please call 810-410-7458.

NOTES: * = All addresses of Locations can be found in the FAUC Meeting Book. ** = With a Potluck Dinner.

July 2016

SUNDAY	MONDAY	TUES	WED	THURSDAY	FRIDAY	SATURDAY
					1 12 noon Arid Club 8:30 pm Clover School Lapeer	2 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
3 7 pm St Andrews 7:30 pm Arid Club	4	5	6	7 7 pm Van Slyke	8 8:30 pm Clover School Lapeer	9 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
10 7 pm St Andrews 7:30 pm Arid Club	July 22 – 24, 2016. MCYPAA Advisory Annual Campout! Call 989-275-5273 for details.				15 8:30 pm Clover School Lapeer	16 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
17 FAUC 11:30 am; Committees 12:30 pm General Assembly –Arid Club 7 pm St Andrews 7:30 pm Arid Club					22 8:30 pm Clover School Lapeer	23 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
24 7 pm St Andrews 7:30 pm Arid Club ADD SUNDAY THE 31st	25 7 pm Montrose HOPE	26	27	28	29 ** 7 pm Durand Group, Durand 8:30 pm Clover School Lapeer	30
31 7 pm St Andrews 7:30 pm Arid Club						From the Newsletter Editor If you would like to receive the Newsletter via email, then email to farfromitoday@aol.com to submit your request.

A.A Treasurer's addresses:



A.A.W.S., Inc., P.O. Box 459, Grand Central Station, New York, NY 10163
 C.M.I.A. 32, % Tracey Gwinn, PO Box 144, Weidman, MI 48893-0144
 F.A.U.C., P.O. Box 465, Flint, MI 48501 (Please make checks out to
Pass The Hat Association, Inc.)



Have you experienced
a smashed sunset?



Smash the worm
before it's out...



**Smash
before you
smash!**



"The delusion that we are like other people, or presently may be, has to be smashed."
 (Alcoholics Anonymous, 4th Edition, page 30. Used with permission of A.A.W.S., Inc.)

It's not only we do not drink like other people, but don't think about drinking like other people. So then, we don't act, feel, or communicate like other people either.

"Ideas, emotions, and attitudes which were once the guiding force of the lives of these men are suddenly cast to one side..."

(Alcoholics Anonymous, 4th Edition, page 27. Used with permission of A.A.W.S., Inc.)
 So surrender to the smash.