



The 4th Step

This Step means we've come far: Admitting, Believing, and Deciding. Now it's as if our life is on Discovery Channel. The only one's tuned in are ourselves and our Higher Power. Honesty, Open-mindedness and Willingness that brought us thus far are now in full force.

"I was to sit quietly when in doubt, asking only for direction and strength to meet my problems as He would have me." Page 13.

There are several 4th Step ways of prayer to ask of Him in the Big Book.

When we contemplate on ones who had wronged us, it says; "We asked God to help us show them the same tolerance, pity, and patience that we would cheerfully grant a sick friend." Page 67.

When we contemplate our self confidence and fear; "We ask Him to remove our fear and direct our attention to what He would have us be." Page 68.

When we contemplate whether our relations with others was right; "We asked God to mold our ideals and help us live up to them." Page 69.

Contemplating on how to make amends where we have done harm; "In meditation, we ask God what we should do about each specific matter." Page 69.

Big Book quotes reprinted by permission of A.A.W.A.



Announcements

The April 2017 F.A.U.C. Meeting in Thetford has been moved from April 16th to April 23rd. Please note this on your calendars. Thanks.

The Meeting Book cover has the A.A. 24 Hour Helpline telephone number incorrectly listed. 810-234-0815 is correct, 810-235-0815 is wrong. The the Committee has books that have been corrected.

The Literature Traveling Display is ready to come to your group for information and sales. Please contact James P. 313-613-3703. needed Service Work.

The Flint Area Unity Council is currently using an an-hoc committee to study the feasibility of having a Workshop for professionals In our community to give them information about what the Flint Area Unity Council Service Committees do and how the professionals can make use of that information.

"True miracles are created by men when they use the courage and intelligence that God gave them."

Jean Anouilh, French playwright, 1910 – 1987.

Volunteerism in Action

At the March 19, 2017 F.A.U.C. meeting, a call to service was answered.

Please Welcome our trusted servant Bridgette W. as the new chair of the Treatment Facilities Committee.

There is still an opening for the Special Needs Chair. "While there are no special A.A. members, many members have special needs. For the purpose of these Guidelines, we define A.A.s with special needs as persons who are blind or visually impaired; deaf or hard of hearing; chronically ill or homebound, those who are developmentally disabled, and many others who may have less visible challenges." From the GSO MG-16 guideline. Reprinted by permission of A.A.W.S.

F.A.U.C. Committees

Al-Anon Liaison
Wanda www.gaais.webs.org
Answering Service;
Chair - Wayne T. 810-962-5036
Co chair Doug G. 810-410-7458
CPC- Cooperation with the Professional Community;
Chair - Richard B. 810-938-9755
Co chair Bob W. 810-814-7988
Corrections; Chair
George W. 810 - 624 - 2772
Grapevine: Chair
Kamesha M. 810-449-5242
Literature/Meeting Books:
Chair - James P. 313-613-3703
Co chair; Doug G 810-410-7458
PI-Public Information: Chair
"Moe" M. 810 - 908 - 3449
Special Needs: Chair
OPEN
Treatment: Chair
Bridgette W. 810-931-3381
Young People: Chair
Gregory G 810-730-3146
Website: Chair
Katrina H 810-347-2330

FAUC Secretary;
Ruth H. 810 - 660 - 8173
PTHA, Inc. Treasurer:
Gordon G 810-845-9953
FAUC Chair:
Deborah B. 810-493-5312
FAUC Newsletter Editor -Doug G,
Any/all comments welcome,
810-410-7458 or email
farfromittoday@aol.com

FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

1. To promote Unity among Flint Area A.A., and harmony with Al-Anon and Ala-teen groups
2. To exchange group ideas.
3. The G.S.R.'s and Alternates shall act as trusted servants of their groups.
4. Each group shall be represented by a G.S.R. or Alternate. One vote per group shall be allowed in the determining matters of policy and action affecting the groups. (Committee persons are allowed one vote.)
5. To continue advancement of Twelve Step work and sponsorship.
6. To help financially any member group of this Council who needs help. A two-thirds majority vote will pass on any such loans which shall not be in excess of sixty days.
7. The Twelve Traditions and Twelve Concepts of A.A. shall prevail at all times.
8. No monies will be spent or sent out of the Council area without a two-thirds majority vote of the groups that have paid into the council in the last three months. If they are not present they will be contacted for a vote on the issue within one week.
9. The Council will create service committees and be financially responsible for them.

"Any group or district of the Fellowship is free to use the symbol of a circle and triangle on newsletters, meeting schedules or other A.A. material." From "The A.A. SERVICE MANUAL Combined With the TWELVE CONCEPTS for WORLD SERVICE by Bill W." page S41, reprinted by permission of A.A.W.S.



Flint Area Open Speaker Meetings* for the Month

NOTES: * = Addresses of Locations can be found in the F.A.U.C. Meeting Book. ** = With a Potluck Dinner.

April 2017

SUNDAY	MONDAY	TUES	WED	THURS DAY	FRIDAY	SATURDAY
					12 noon Arid Club 8:30 pm Clover School Lapeer	1 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
2 7 pm St Andrews 7:30 pm Arid Club	3	4	5	6 7 pm Van Slyke	7 8:30 pm Clover School Lapeer	8 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
9 7 pm St Andrews 7:30 pm Arid Club	2017 Michigan AA Conference, July 28-30,2017 Info at www.aa-semi.org MCYPAA 39 2017 Michigan Convention of Young People Registration form is on the A.A. website: www.geneseecountyaa.org				14 8:30 pm Clover School Lapeer	15 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
16 7 pm St Andrews 7:30 pm Arid Club					21 8:30 pm Clover School Lapeer	22 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
23 FAUC Meeting 11:30 am; Committees 12:30 pm General Assembly -Arid Club 7 pm St Andrews 7:30 pm Arid Club					28 8:30 pm Clover School Lapeer ** 7 pm Durand Group, Durand	29 ** 7 pm Thetford 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
30 7 pm St Andrews 7:30 pm Arid Club	24 7 pm Montrose HOPE	25	26	27	FAUC Meetings: Date: Place: Group April 23; Thetford; Thetford Group May 21; Christ Fellowship Missionary Baptist Church; Oak Park Group June 11: Arid Club; Davison Fellowship July 16: OPEN for Hosting Group.	

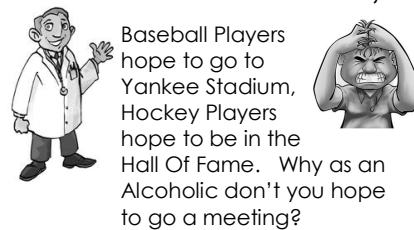
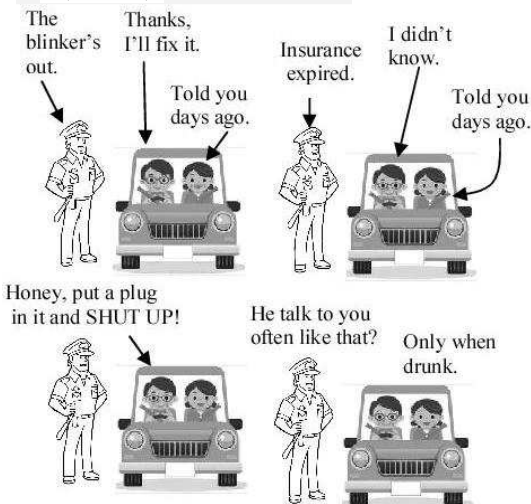
A.A Treasurer's addresses:



A.A.W.S., Inc., P.O. Box 459, Grand Central Station, New York, NY 10163
 C.M.I.A. 32, % Cindy Rowley, 2903 Ronan St. Apt 2, Midland MI 48642
 F.A.U.C., P.O. Box 465, Flint, MI 48501 (Please make checks out to **Pass The Hat Association, Inc.**)

From the Newsletter Editor:

If you would like to receive the Newsletter via email, then email to farfromtoday@aol.com to submit your request.



Unguided meditation

