



## The 11<sup>th</sup> Step

*"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."*

Page 59.

At first reading, the 11<sup>th</sup> Step seems to be asking a lot of us. It is not. It is only giving us direction on how to perform a needful part of our existence.

Look at where we are now; We've admitted powerless and unmanageability, have a new belief in our sanity and the power greater than us that allows it. We've acted on a decision to change our will and our lives over to that power, as we understand it. The foundation of the beginning of our recovery has been laid.

We are now steeped in self appraisal of our old ways, gaining hope for the solution, which follows in many later Steps.

So making a personal inventory and talking it out with another has us ready to have God help us with our perspective of our innate rough spots. Then a prayerful pleading for help to eliminate them.

Another inventory of sorts when we note those we've hurt and become eager to make reparations, and then do so unswervingly.

Next we incorporate all we've learned into a daily pattern of self assessment and quick repair.

So by improving our conscious contact with God (our Higher Power), we enable ourselves to grow and change. Change is the intent of this Step, using self awareness and guidance to implement the change in us.

Pages 59, Big Book quote reprinted by permission of A.A.W.S.

## Announcements

The November 19<sup>th</sup>, 2017 F.A.U.C. meeting will be hosted by the Torrey Road Group at the Arid Club, 715 East Street, Flint.

### Flint Area Unity Council

**Nominations** for positions will be at the November 19<sup>th</sup> meeting. Follows is a short description from the General Service Office (GSO) for Committee Guidelines.

**Answering Service:** "...receives inquiries from those seeking help."

### Cooperation With the

**Professional Community (CPC):** "...provide information about A.A. to those who have contact with alcoholics through their profession."

**Corrections:** "...coordinate the work of ...carrying our message of recovery to alcoholics in corrections facilities."

**Grapevine:** to maintain appropriate levels of all A.A. Grapevine, Inc. material for resale at each Area Assembly... and to promote ...the A.A. Grapevine and LaViña...and for members to submit articles."

**Literature:** "Provide literature for group, area, and district functions...have a supply of meeting lists." From the Service Manual; "Newsletters and

Bulletins ...may include local A.A. news, information about groups and committees ..."

**Public Information (PI):** "...to provide accurate information to the public"  
**Special Needs:** "...explore, develop and offer resources to make the A.A. message... participation available to everyone..."

**Treatment:** "...coordinate the work of ...carrying our message of recovery to alcoholics in hospitals... treatment and rehabilitation centers."

**Young People:** No G.S.O. Guidelines; from the MYCPAA Aims & Purposes; "Our primary purpose is to stay sober and help other alcoholics to achieve sobriety... Experience has shown MYPAA as a prime opportunity of young people to participate and share their experience within AA as a whole."

**Website:** "Local A.A. needs and experience will dictate how A.A. communications will develop..." MG-18 GSO Guideline, Internet, also has extensive information on anonymity.

## AA Help Line (810) 234-0815

### F.A.U.C. Committees

Al-Anon Liaison (Interim)  
Joann G. 810-845-5318  
Answering Service;  
Chair - Wayne T. 810-962-5036  
Co chair Doug G. 810-410-7458  
CPC- Cooperation with the Professional Community;  
Chair - Richard B 810-938-9755  
Co chair Bob W. 810-814-7988  
Corrections; Chair  
George W. 810 - 624 - 2772  
Grapevine; Chair  
Kamesha M. 810-449-5242  
Literature/Meeting Books:  
Chair - James P. 313-613-3703  
Co chair; Doug G 810-410-7458  
PI-Public Information: Chair  
"Moe" M. 810 - 908 - 3449  
Special Needs: Chair OPEN  
Treatment: Chair  
Bridgette W. 810-931-3381  
Young People: Chair OPEN  
Website: Chair  
Katrina H 810-347-2330  
Co chair Doug G. 810-410-7458  
FAUC Secretary;  
Ruth H. 810 - 660 - 8173  
PTHA, Inc. Treasurer:  
Gordon G 810-845-9953  
FAUC Chair:  
Deborah B 810-493-5312  
FAUC Newsletter Editor -Doug G,  
Any/all comments welcome; email  
[farfromittoday@aol.com](mailto:farfromittoday@aol.com)

## FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

1. To promote Unity among Flint Area A..A., and harmony with Al-Anon and Ala-teen groups
2. To exchange group ideas.
3. The G.S.R.'s and Alternates shall act as trusted servants of their groups.
4. Each group shall be represented by a G.S.R. or Alternate. One vote per Group shall be allowed in the determining matter of policy and action affecting the groups. (Committee persons are allowed one vote.)
5. To continue advancement of Twelve Step work and sponsorship.
6. To help financially any member group of this Council who needs help. A two-thirds majority vote will pass on any such loans which shall not be in excess of sixty days.
7. The Twelve Traditions and Twelve Concepts of A.A. shall prevail at all times.
8. No monies will be spent or sent out of the Council area without a two-thirds majority vote of the groups that have paid into the council in the last three months. If they are not present they will be contacted for a vote on the issue within one week.
9. The Council will create service committees and be financially responsible for them.

Note: F.A.U.C. Aims and Purposes in the entirety may be read on the website [geneseecountyaa.org](http://geneseecountyaa.org).  
"Any group or district of the Fellowship is free to use the symbol of a circle and triangle on newsletters, meeting schedules or other A.A. material." From "The A.A. SERVICE MANUAL Combined With the TWELVE CONCEPTS for WORLD SERVICE by Bill W. page S41, reprinted by permission of A.A.W.S.



**Flint Area Open Speaker Meetings \***

\* = Addresses of Locations can be found in the F.A.U.C. Meeting Book.  
 \*\* = With a Potluck Dinner.

	November 2017
Thur 2	7 pm Van Slyke
Fri 3	12 noon Arid Club 8:30 pm Clover School Lapeer
Sat 4	7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
Sun 5	7 pm St Andrews 7:30 pm Arid Club
Fri 10	8:30 pm Clover School Lapeer
Sat 11	7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
Sun 12	7 pm St Andrews 7:30 pm Arid Club
Wed 15	7:30 pm Thump Day!
Fri 17	8:30 pm Clover School Lapeer
Sat 18	7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
Sun 19	<b>FAUC Meeting</b> <b>11:30 am; Committees</b> <b>12:30 pm General Assembly -Arid Club</b> 7 pm St Andrews 7:30 pm Arid Club
Fri 24	** 7 pm Durand Group, Durand 8:30 pm Clover School Lapeer
Sat 25	** 7 pm Thetford 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
Sun 26	7 pm St Andrews 7:30 pm Arid Club
Mon 27	7 pm Montrose HOPE

FAUC Meetings; Date: Place: Group  
 Nov. 19: Arid Club: Torrey Road Group. Dec. 17: Local 659: Van Slyke Group.

**The two motions of F.A.U.C. business that Group participation was requested on preseneted during the October 15, 2017 F.A.U.C. meeting. Thank you to all GSR's and Groups that responded to these motions.**

**MOTION ONE**

**Should the Flint Area Unity Council meetings be moved from Sundays to Saturdays in 2018? Also, please state a time you would prefer the F.A.U.C. Committee meetings to begin one hour prior to the General Assembly of the Flint Area Unity Council.**

**Motion ONE was tabled as the F.A.U.C. opted to have more discussion on this motion prior to voting. The vote will take place at the November 19<sup>th</sup> F.A.U.C. meeting.**

**Motion TWO**

**Should the Flint Area Unity Council Annual Picnic be moved from the Flushing County Park on 4417 N. McKinley Road, Flushing to the Bluebell Beach, 5500 Bray Road, Flint? Bluebell Beach has no admission charge, free parking, NO lifeguard and NO smoking allowed.**

**Motion TWO voted on and passed.**

**MCYPAA 39**

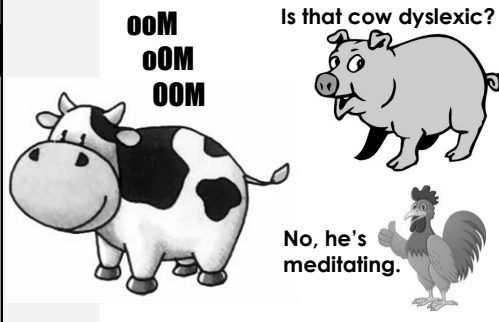
**2017 Michigan Convention of Young People**

November 24/26, 2017. Info at: [www.geneseecountyaa.org](http://www.geneseecountyaa.org) and <http://mcpaa.org>

**I meditate about If only I'd accept what I can't accept about who I am that's finding it hard to accept acceptance with God who accepts me for the person that I really can't accept who I really am.**



**A meditation technique I'd recommend for you is slow breaths with eyes closed, and nothing on your mind except visualizing chocolate bars.**



**If you'd like to receive the Newsletter via email, then email request to [farfromittoday@aol.com](mailto:farfromittoday@aol.com).**

**A.A Treasurer's addresses:**



A.A.W.S., Inc., P.O. Box 459, Grand Central Station, New York, NY 10163  
 C.M.I.A. 32, % Cindy Rowley, 2903 Ronan St. Apt 2, Midland MI 48642  
 F.A.U.C., P.O. Box 465, Flint, M 48501 Please make checks payable to **Pass The Hat Association, Inc.**