



## The 3<sup>rd</sup> Step

*“Made a decision to turn our will and our lives over to the care of God as we understood Him”* Page 59, Big Book.

The directions for taking this step come in the form of a prayer on page 63, paragraph 2, lines 1 – 8 in the Big Book. Before we get into the directions, let us look at what exactly is prayer?

A definition of prayer is, “a solemn request for help or expression of thanks addressed to God or an object of worship”.

Solemn defined is “formal and dignified.” Yet we find that this part of our request is more important to be from our heart, where our feelings, fears, and gratitude can be expressed in anyway we can convey our self.

Now for the page 63 directions;

“We were now at Step Three. Many of us said to our Maker, *as we understood Him*: ‘God, I offer myself to Thee – to build with me and to do with me as thou wilt. Relieve me of the bondage of self that I may better do Thy will. Take away my difficulties that, victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy way of Life. May I do Thy will always’. We thought well before taking this Step making sure we were ready; that we could at last abandon ourselves utterly to Him.” Page 63, Big Book.

So our prayer, and feel free to put it in your own words, is to work towards being not self centered and to help other people. We should know when doing so that we are sincere, and not paying lip service to an ideal we are not committed to.

The Third Step is not hard to do when we recognize the failure of our own spirituality and we need to change, and how to go about starting the reformation of our character and personality.

Big Book quotes page 59, 63 used with A.A.W.S. permission.

## 3<sup>rd</sup> Step Promises

“When we sincerely took such a position, all sorts of remarkable things followed. We had a new Employer.

Being all powerful, He provided what we needed, if we kept close to Him and performed His work well.

Established on such a footing we became less and less interested in ourselves, our little plans and designs. More and more we became interested in seeing what we could contribute to life. As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow or hereafter. We were reborn.” Page 63.

### More 3<sup>rd</sup> Step Promises:

“a) That we were alcoholic and could not manage our own lives. b) That probably no human power could have relieved our alcoholism. c) That God could and would if he were sought”. Page 60.

“This was only the beginning, though if honestly and humbly made, an effect, sometimes a very great one, was felt at once”, Page 63.

“Above everything, we alcoholics must be rid of this selfishness. We must, or it kills us! God makes that possible”. Page 62.

“Most good ideas are simple, and this concept was the keystone of the new and triumphant arch through which we passed to freedom”. Page 62.

Big Book quotes pages 60, 62, 63 used with A.A.W.S. permission.

## Announcements

The March 17th, 2018 F.A.U.C. meeting will be at the Arid Club, 715 East St. Flint. Please note this is the third **Saturday** meeting. All 2018 meetings are on **Saturdays**.

### A.A. Literature

The F.A.U.C. Literature and Meeting Book Committee are to serve the Group’s needs for A.A. Conference approved Literature along with the F.A.U.C. Meeting Books and also carries an inventory of Seniority medallions. A tradition started by **Sister Mary Ignatia Gavin, C.S.A.**, in the mid 1930’s at St. Thomas Hospital in Akron, Ohio. She also was the first to recognize the use of coffee for alcoholics, insisting that it be freely available in every stage of recovery.

However, there are some Groups that may wish to receive supplies, materials from other sources listed here: A.A..org at: [https://www.aa.org/pages/en\\_US/aa-literature](https://www.aa.org/pages/en_US/aa-literature), or A.A. G.S.O. Literature at 212-870-3312.

CMIA 32: [literature@cmia32.org](mailto:literature@cmia32.org).

### “Not All ‘A.A. Literature’ is Conference-Approved.

Central offices and intergroups do write and distribute pamphlets or booklets that are not Conference-approved. If such pieces meet the needs of the local membership, they may be legitimately classified as “A.A. Literature.” There is no conflict between A.A. World Services, Inc. (A.A.W.S. – publishers of Conference-approved literature), and central offices or intergroups – rather they complement each other. The Conference does not *disapprove* of such material.”

[http://www.aa.org/assets/en\\_US/smf-29\\_en.pdf](http://www.aa.org/assets/en_US/smf-29_en.pdf). Used with A.A.W.S. permission

## FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

The F.A.U.C. Aims and Purposes in the entirety may be read on the website [geneseecountyaa.org](http://geneseecountyaa.org).

“Any group or district of the Fellowship is free to use the symbol of a circle and triangle on newsletters, meeting schedules or other A.A. material.” From “The A.A. SERVICE MANUAL Combined With the TWELVE CONCEPTS for WORLD SERVICE by Bill W. page S41, reprinted by permission of A.A.W.S.

## F.A.U.C. Committees

Committees listed with names and contact information for chairs.

Al-Anon Liaison (Interim)  
Joann G. 810-845-5318  
Answering Service;  
Chair - Wayne T. 810-875-2939  
CPC- Cooperation with the Professional Community;  
Chair – Richard B. 810-938-9755  
Corrections;  
Chair – George W. 810-624-2772  
Grapevine:  
Chair – Greg S. 810-493-3959  
Literature/Meeting Books:  
Chair – James P. 313-613-3703  
PI-Public Information:  
Chair – Moe M. 810-908-3449  
Accessibilities:  
Chair – Kamesha M. 810-449-5242  
Treatment:  
Chair - OPEN  
Young People:  
Chair - OPEN  
Website:  
Chair – Katrina H. 810-347-2330  
FAUC Secretary;  
Ruth H. 810-660-8173  
PTHA, Inc. Treasurer:  
Gordon G 810-845-9953  
FAUC Chair:  
Deborah B 810-493-5312  
FAUC Newsletter  
Editor –Doug G, 810-410-7458

### 2018 F.A.U.C. Meetings:

Date: Place: Group.  
All 3<sup>RD</sup> **Saturday** of the Month.  
Mar. 17; Arid Club; Torrey Rd.  
Apr. 21; Therford; Thetford.  
May 19; Arid Club; Oak Park.  
Jun. 19; Arid Club; Davison Fellowship.  
Jul. 16; Clover School; Lapeer Group.  
Aug. 18; Arid Club; Women in A.A.  
Sep. 15; **OPEN**  
Oct. 20; **OPEN**  
Nov. 17; **OPEN**  
Dec. 18; Local 659; Van Slyke Group



**Flint Area Open Speaker Meetings \***

\* = Addresses of Locations can be found in the F.A.U.C. Meeting Book.  
 \*\* = With a Potluck Dinner.

**March 2018**

- Thu 1 7 pm Van Slyke
- Fri 2 12 noon Arid Club  
8:30 pm Clover School Lapeer
- Sat 3 7:30 pm Eastside St Mary's  
8 pm St Jude's Fenton  
8 pm Episcopal Church Owosso
- Sun 4 7 pm St Andrews  
7:30 pm Arid Club
- Fri 9 8:30 pm Clover School Lapeer
- Sat 10 7:30 pm Eastside St Mary's  
8 pm St Jude's Fenton  
8 pm Episcopal Church Owosso
- Sun 11 7 pm St Andrews  
7:30 pm Arid Club
- Fri 16 8:30 pm Clover School Lapeer
- Sat 17 7:30 pm Eastside St Mary's  
8 pm St Jude's Fenton  
8 pm Episcopal Church Owosso
- Sun 18 6 pm Otter Lake  
7 pm St Andrews  
7:30 pm Arid Club
- Wed 21 7:30 pm Thump Day!
- Fri 23 \*\* 7 pm Durand Group, Durand  
8:30 pm Clover School Lapeer
- Sat 24 \*\* 7 pm Thetford  
7:30 pm Eastside St Mary's  
8 pm St Jude's Fenton  
8 pm Episcopal Church Owosso
- Sun 25 7 pm St Andrews  
7:30 pm Arid Club
- Mon 26 7 pm Montrose HOPE
- Fri 30 \*\* 7 pm Thetford  
\*\* 8:30 pm Clover School Lapeer

"Here, Here" he cried, "All Rise!"  
 Sit, Sit for the Honorable", he decreed.  
 "Do you solemnly swear?" he asked.  
 "Why do you think I'm here?" I asked.

I used to think  
 I had a drinking problem,  
 so I quit thinking.  
 Now I get to hear "All Rise!"

"Selfishness – self-centeredness!" \*  
 "An extreme example of self will run riot. \*  
 "We had to quit playing God.  
 It didn't work." \*



(Note: \*'s on page 62 of the Big Book. Used with A.A.W.S. permission).

**Volunteers Needed for District 12 to Host CMIA 32 on April 8, 2018. Contacts:**

**Jesse P. 810-814-5891, Deborah B.810-493-5312 Al-Anon Contact; Liz P. 810-814-0403**



CENTRAL MICHIGAN INTRA-AREA  
 Area 32 – District 12  
 Sunday April 8, 2018  
 Carman Ainsworth Middle School  
 1409 W Maple Ave  
 Flint MI 48507



8:30 AM – 9:00 AM  
 9:00 – 9:30  
 9:30 – 9:45

**CMIA 32 Agenda**  
 SET UP.  
 FELLOWSHIP, Coffee, Donuts.  
 Morning Opening Service (Welcome).  
 Moment of Silence – Serenity Prayer, Preamble.  
 Responsibility Pledge.  
 Motion to Approve Agenda.  
 Group Concerns, Announcements.  
 Providing locations where Finance, General Service, DCM  
 and other meetings will take place.

9:45 - 10:30  
 10:00 – 11:30

FINANCE COMMITTEE Meeting.  
 General Service Information Meeting.  
 (includes Traditions and Concepts).  
 DCM Meeting.  
 COMMITTEE Meetings.  
 LUNCH.  
 AFTERNOON SESSION

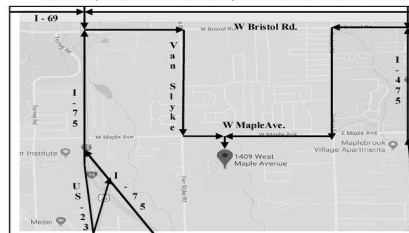
**Al-Anon Participation**  
 11:00 AM - Meeting  
 1:00 PM - Open Talk

10:30 – 11:30  
 11:30 – 12:30 PM  
 12:30 – 1:00  
 1:00 – 3:00  
**GENERAL ASSEMBLY MEETING (Afternoon Session)**  
 Moment of Silence – Serenity Prayer.  
 Acknowledgement and thank hosting District.  
 Secretary's Report & Acknowledge GSR's.  
 Treasurer's Report & passing of both baskets.  
 Finance Committee Report.  
 Registrar's Report.  
 Group & District Announcements, (events, workshops, etc.).  
 Delegate Report.  
 Alternate Delegate Report.  
 Other Special Reports, (Adhoc Committees, Conventions, etc.).

**COMMITTEE Reports**  
 Literature  
 Archivist  
 Archives  
 Corrections  
 C.P.C.  
 Forum  
 Grapevine  
 Public Information  
 Accessibilities  
 Liaison  
 Treatment Facilities  
 Website  
 YPAA

**Old Business – New Business – Close with the Lord's Prayer**

Contacts: Jesse P. 810-814-5891, Deborah B.810-493-5312 Al-Anon Contact; Liz P. 810-814-0403



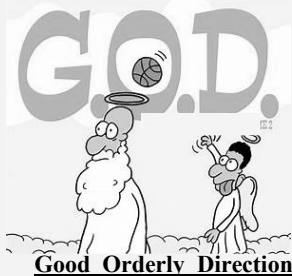
**DIRECTIONS to Carman Ainsworth Middle School:**  
**From the North / South** – I-75 to Bristol Road east exit, turn right on Van Slyke Road, left on W. Maple Ave. to 1409 W. Maple Ave. or I-475 South to Bristol Rd exit, which puts you on Southbound Grand Traverse to Bristol Rd. turn left to Fenton Rd., right on W. Maple Ave. to 1409 W. Maple Ave. or I-475 North to Bristol R. turn left to Fenton Rd. right to 1409 W. Maple Ave.  
**From the East / West** – I – 69 to I – 75 South to Bristol Road east exit, turn right on Van Slyke Road, left on W. Maple Avenue to 1409 W. Maple Ave.

**MRU 2018 MARCH ROUNDUP**

March 2-4, 2018  
 Edward Hotel & Convention Center,  
 Dearborn, MI Register online at:  
[www.march-roundup.org](http://www.march-roundup.org)

**NORTHERN MICHIGAN INTER AREA SPRING ROUNDUP** May 25-27, 2018

Grayling Ramada Inn Conference Center  
 Contact: Candice D 989-390-3587 or  
 Paul S. 231-340-0662 for info.



**A.A. Treasurer's addresses:**



A.A.W.S., Inc., P.O. Box 459, Grand Central Station, New York, NY 10163  
 C.M.I.A. 32, % Cindy Rowley, 2903 Ronan St. Apt 2, Midland MI 48642  
 F.A.U.C., P.O. Box 465, Flint, MI 48501 Please make checks payable to

**Pass The Hat Association, Inc.**

If you'd like to receive the Newsletter via email, then email request to [farfromitoday@aol.com](mailto:farfromitoday@aol.com).