



## The 5<sup>th</sup> Step

*"Admitted to God, to ourselves, and to another human being, the exact nature of our wrongs."* Page 59, Big Book.

"When we decide on who is to hear our story, we waste no time. We have a written inventory and we prepared for a long talk. We explain to our partner what we about to do and why we have to do it." Paragraph 1, Lines 1 -4.

"We pocket our pride and go to it illuminating every twist of our character, every dark cranny of our past."

Paragraph 2, Lines 1-2. Big Book quotes on page 75; used with A.A.W.S. permission.

First, and foremost, in the 5<sup>th</sup> Step is admitting to God the exact nature of our wrongs. In doing so, we also admit to ourselves this important part of completing our honest self evaluation.

Amos Wilson, 1762–1821, known as the Pennsylvania Hermit, lived in solitude in a cave for 19 years. From his writing titled "The Sweets Of Solitude, Or Instructions To Mankind" are these quotes.

"To be truly happy in this world, a man must be content with his lot, in a cheerful and quiet resignation to the appointments of an impartial God." Page 32.

"Humility is the first lesson we learn from reflection, and self-distrust the first proof we give of having obtained a knowledge of ourselves." Page 48.

"God is a spirit; so is the mind; bodies can have intercourse, so can souls; when minds are in an assimilating state of purity, they union with their Maker. Page 49.

From the Booklet 'Life of Amos Wilson, The Pennsylvania Hermit' used with permission of THE INDIAN ECHO CAVERN, HUMMELSTOWN, PENNA.

## 5<sup>th</sup> Step Promises

1. Once we have taken this step, withholding nothing, we are delighted.
2. We can look the world in the eye.
3. We can be alone at perfect peace and ease.
4. Our fears fall from us.
5. We begin to feel the nearness of our Creator.
6. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience.
7. The feeling that the drink problem has disappeared will often come strongly.
8. We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe.
9. Carefully reading the first five proposals we ask if we have omitted anything, for we are building an arch through which we shall walk a free man at last.

Big Book quotes page 75; used with A.A.W.S. permission.

## The Shared Gift

"Faith is more than our greatest gift; its sharing with others is our greatest responsibility. May we of A.A. continually seek the wisdom and the willingness by which we may well fulfill that immense trust which the Giver of all perfect gifts has placed in our hands." Page 13.

## Groping Toward God

"More than most people, I think, alcoholics want to know who they are, what this life is about, whether they have a divine origin and an appointed destiny, and whether there is a system of cosmic justice and love." Page 323. As Bill Sees It, page 13 & 323, used with A.A.W.S. permission.

## Announcements

The Saturday May 19th, 2018 F.A.U.C. meeting will be at Canaan Church, 910 E. Gillespie Ave, Flint hosted by the Oak Park group. **Please enter on Pasadena St. entrance.** All 2018 Meetings are on Saturdays.

## THANK YOU !!!

The Flint Area Unity Council, District 12, hosted the C.M.I.A. 32 April meeting at Carman Ainsworth Middle School. There were over 120 attendees. The F.A.U.C. extends a very grateful Thank You to all the volunteers that helped with this and another to all attendees that traveled to Flint to make this a meaningful meeting of A.A. Service Work occurring in Area 32. To Al-Anon a hearty Thank You is due for all the desserts and food serving!

## Public Information Committee

*"In all public relationships, A.A.'s sole objective is to help the still - suffering alcoholic. Always mindful of the importance of personal anonymity, we believe this can be done by making known to the still suffering alcoholics, and to those who may be interested in their problem, our own experience as individuals and as a fellowship in learning to live without alcohol."*

*We believe that our experience should be made available freely to all who express sincere interest. We believe further that all efforts in this field should always reflect our gratitude for the gift of sobriety and our awareness that many outside of A.A. are equally concerned with the serious problem of alcoholism."*

From the G.S.O. Guideline MG-07. Contact Moe M. 810-908-3449 for information this Service Work.

## FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

The F.A.U.C. Aims and Purposes in the entirety may be read on the website [geneseecountyaa.org](http://geneseecountyaa.org).

"Any group or district of the Fellowship is free to use the symbol of a circle and triangle on newsletters, meeting schedules or other A.A. material." From "The A.A. SERVICE MANUAL Combined With the TWELVE CONCEPTS for WORLD SERVICE by Bill W. page S41, reprinted by permission of A.A.W.S.

## AA Help Line (810) 234-0815

### F.A.U.C. Committees

Committees listed with names and contact information for chairs.

Al-Anon Liaison:

Brad S. 810-516-8449

Accessibility for All Alcoholics:

Chair – Kamesha M. 810-449-5242

Answering Service;

Chair - Wayne T. 810-875-2939

CPC- Cooperation with the

Professional Community;

Chair – Richard B. 810-938-9755

Corrections;

Chair – George W. 810-624-2772

Grapevine:

Chair – Greg S. 810-493-3959

Literature/Meeting Books:

Chair – James P. 313-613-3703

PI-Public Information:

Chair – Moe M. 810-908-3449

Treatment:

Chair – Ben J. 810-513-9899

Young People:

Chair - OPEN

Website:

Chair – Katrina H. 810-347-2330

FAUC Secretary;

Ruth H. 810–660-8173

PTHA, Inc. Treasurer:

Gordon G 810–845-9953

FAUC Chair:

Deborah B 810–493-5312

FAUC Newsletter

Editor –Doug G, 810-410-7458

### 2018 F.A.U.C. Meetings:

Date: Place: Group.

All 3<sup>RD</sup> Saturday of the Month.

May 19; Canaan Church, 910 E.

Gillespie Ave, Flint; Oak Park.

Jun. 16; Canaan Church, 910 E.

Gillespie Ave, Flint; New Dawn.

Jul. 21; Clover School, 3496

Davison Rd; Lapeer Group.

Aug. 18; **OPEN**

Sep. 15; **OPEN**

Oct. 20; Arid Club, 715 East St. Flint; Women in A.A.

Nov. 17; Arid Club, 715 East St.

Flint; Courage to Change.

Dec. 15; Local 659, 4549 Van

Slyke Rd; Van Slyke Group.



## Flint Area Open Speaker Meetings \*

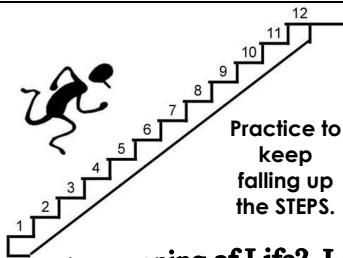
\* = Addresses of Locations can be found in the F.A.U.C. Meeting Book.

\*\* = With a Potluck Dinner.

### May 2018

Thu 3	7 pm Van Slyke
Fri 4	12 noon Arid Club 8:30 pm Clover School Lapeer
Sat 5	7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
Sun 6	7 pm St Andrews 7:30 pm Arid Club
Fri 11	8:30 pm Clover School Lapeer
Sat 12	7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
Sun 13	7 pm St Andrews 7:30 pm Arid Club
Wed 16	7:30 pm Thump Day!
Fri 18	8:30 pm Clover School Lapeer
Sat 19	7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
Sun 20	6 pm Otter Lake 7 pm St Andrews 7:30 pm Arid Club
Fri 25	** 7 pm Durand Group, Durand 8:30 pm Clover School Lapeer
Sat 26	** 7 pm Thetford 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Owosso
Sun 27	7 pm St Andrews 7:30 pm Arid Club
Mon 28	7 pm Montrose HOPE

**Congratulations to Ben J. who recently Stepped Up to Service Work and is the Treatment Chair!**



**The meaning of Life? I don't know; I'm up here to get a better cell phone signal**



**WHEN YOU'VE DONE SOMETHING WRONG; ADMIT IT.**

**NO ONE IN HISTORY HAS EVER CHOKED FROM SWALLOWING THEIR PRIDE.**

**ADMIT IT, AT SOME POINT IN TIME YOU'VE TRIED TO SEE IF YOU HAD SUPERPOWERS OF ONE SORT OR ANOTHER.**



**And would you puh-leeze stop telling me to get-a-life? You and I both know it's too late for that...**



**Becoming Enlightened 15 minutes before I did does not either give you seniority!**

## PUBLIC INFORMATION (P.I.) LITERATURE

Some literature for P.I. committees is listed below, and Discount Package Information is contained in the P.I. Kit. For information about Discount Packages, please contact G.S.O., Grand Central Station, P.O. Box 459, New York, N.Y. 10163, or call (212) 870-3400.

### BASIC P.I. LITERATURE

#### For Committees:

- "A.A. Guidelines (on) Public Information"
- "A.A. Guidelines (on) Internet"
- "Speaking at Non-A.A. Meetings"
- "Understanding Anonymity"
- "A Member's-Eye View of Alcoholics Anonymous"
- "A.A. Fact File"
- "A.A. Fact Sheet"
- "A Brief Guide to Alcoholics Anonymous"
- "Public Information Workbook"
- "Anonymity Wallet Cards"
- "Anonymity Statement for Public Meeting"
- "Box 4-5-9"

#### For the Public:

- "A.A. at a Glance"
- "Information on Alcoholics Anonymous"
- "A Message to Teenagers"
- "Alcoholics Anonymous Membership Survey"
- "Problems Other than Alcohol"
- "A.A. Preamble placard"
- "Anonymity Wallet Cards"
- "A.A. Membership Survey display (easel back)"
- "A.A. in Your Community"
- "Members of the Clergy Ask About Alcoholics Anonymous"
- "If Your Are a Professional, A.A. Wants to Work with You"
- "Is There an Alcoholic in the Workplace?"
- "Is There an Alcoholic in You Life?"

#### Financing:

Most often the cost of doing P.I. service work is met from group contributions to whatever body forms the committee—general service area, district, central office/intergroup or, in smaller communities, one or more A.A. groups.

Usually, funds for the committee's work will be included in the budget of the A.A. entity served, and P.I. expenses are regularly reported. Occasionally, there is consideration of a special allocation for P.I. projects, such as distributing Big Books to local libraries.

From the G.S.O. Guideline MG-07, PUBLIC INFORMATION. Contact Moe M. 810-908-3449 for information on how you can make a difference in other's lives.

### A.A Treasurer's addresses:



A.A.W.S., Inc., P.O. Box 459, Grand Central Station, New York, NY 10163  
 C.M.I.A. 32, % Cindy Rowley, 2903 Ronan St. Apt 2, Midland MI 48642  
 F.A.U.C., P.O. Box 465, Flint, MI 48501 Please make checks payable to  
**Pass The Hat Association, Inc.**

**If you'd like to receive the Newsletter via email, then email request to [farfromitoday@aol.com](mailto:farfromitoday@aol.com).**