



## September 2018 Flint Area Open Speaker Meetings \*

\* = Addresses of Locations can be found in the  
2018 Flint Area Groups Meeting Book.

\*\* = With a Potluck Dinner.

- |        |         |  |
|--------|---------|--|
| Thu 6  | 7 pm    | Van Slyke                                  |
| Fri 7  | 12 noon | Arid Club; 8:30 pm Clover School Lapeer    |
| Sat 8  | 7:30 pm | Eastside St Mary's                         |
|        | 8 pm    | St Jude's Fenton & Episcopal Church Owosso |
| Sun 9  | 7 pm    | St Andrews                                 |
|        | 7:30 pm | Arid Club                                  |
| Fri 14 | 8:30 pm | Clover School Lapeer                       |
| Sat 15 | 7:30 pm | Eastside St Mary's                         |
|        | 8 pm    | St Jude's Fenton                           |
|        | 8 pm    | Episcopal Church Owosso                    |
| Sun 16 | 7 pm    | St Andrews                                 |
|        | 7:30 pm | Arid Club                                  |
| Wed 19 | 7:30 pm | Thump Day!                                 |
| Fri 21 | 8:30 pm | Clover School Lapeer                       |
| Sat 22 | 7:30 pm | Eastside St Mary's                         |
|        | 8 pm    | St Jude's Fenton                           |
|        | 8 pm    | Episcopal Church Owosso                    |
| Sun 23 | 6 pm    | Otter Lake                                 |
|        | 7 pm    | St Andrews                                 |
|        | 7:30 pm | Arid Club                                  |
| Mon 24 | 7 pm    | Montrose HOPE                              |
| Fri 28 | ** 7 pm | Durand Group, Durand                       |
|        | 8:30 pm | Clover School Lapeer                       |
| Sat 29 | 11 am   | Oak Park                                   |
|        | ** 7 pm | Thetford                                   |
|        | 7:30 pm | Eastside St Mary's                         |
|        | 8 pm    | St Jude's Fenton                           |
|        | 8 pm    | Episcopal Church Owosso                    |
| Sun 30 | 7 pm    | St Andrews                                 |
|        | 7:30 pm | Arid Club                                  |

If your Group wants the Speaker listed then email to [farfromittoday@aol.com](mailto:farfromittoday@aol.com) the Group, Day, Time and Name. Those received will be printed.

## ANYWAY

People are unreasonable,  
illogical and self-centered  
**LOVE THEM ANYWAY.**

If you do good, people will accuse  
you of selfish, ulterior motives.

**DO GOOD ANYWAY.**

If you are successful, you will win  
false friends and true enemies.

**SUCCEED ANYWAY.**

The good you do will be forgotten tomorrow.

**DO GOOD ANYWAY.**

Honesty and frankness will make you vulnerable.

**BE HONEST AND FRANK ANYWAY.**

What you spent years building  
may be destroyed over night.

**BUILD ANYWAY.**

People really need help but may  
attack you if you help them.

**HELP PEOPLE ANYWAY.**

Give the world the best you have  
and you'll get kicked in the teeth.

**GIVE THE WORLD THE BEST  
YOU'VE GOT ANYWAY.**

From a sign on the wall of Shishu Bhavan ,  
the children's home in Calcutta, India.



**ANYWAY, that's enough about me for a nanosecond.**



## The 9<sup>th</sup> Step

*“Made direct amends to such people where ever possible, except when to do so would injure them or others”.*

“Only through positive action can I remove the remains of guilt and shame brought on by alcohol.”

Daily Reflections (18 August). Used with A.A.W.S. permission

Rising from “guilt and shame” (on these valid grounds – as opposed to the denial through which we used to continue in sin and vice) is crucial to the way forward – towards maturity and a virtuous life. We must believe this – and execute these amends. Action is required – but then action is also our salvation.

“The spiritual life is not a theory. We have to live it.” Alcoholics Anonymous; page 83. Used with A.A.W.S. permission.

This point may be understood best if we consider our original intention: to improve our way of life. We know that living well demands a cultivation of spiritual health; now we accept that, as vitality of the spirit is essential to life, spiritual health itself depends on action. “The alcoholic is like a tornado roaring his way through the lives of others.” Alcoholics Anonymous; page 82. Used with A.A.W.S. permission.

Having “made a decision” (in Step 3) “to turn our will and our lives over to the care of God,” we are now bound to others – and to service, especially where injury has occurred; towards anyone injured by our own tempestuous behavior, moral sense demands a serious effort to make a substantial positive contribution.

For most, Step 9 requires intense determination – and faith – as it usually promises severe adversity. We must be ready “to take the full consequences of our past acts,” Twelve Steps and Twelve Traditions; page 87. Used with A.A.W.S. permission.

The ego objects, but “we have decided to go to any lengths . . .” Alcoholics Anonymous; page 79. Used with A.A.W.S. permission

“If we haven’t the will . . . we ask until it comes.” Alcoholics Anonymous; page 76. Used with A.A.W.S. permission

We ask “each morning that our Creator show us the way . . .” Alcoholics Anonymous; page 83. Used with A.A.W.S. permission. by Drew K.

## The 9<sup>th</sup> Step Promises

“If we are painstaking about this phase of our development, we will be amazed before we are half way through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others.

That feeling of uselessness and self pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away.

Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them”. Pages 83 & 84, Big Book, used with A.A.W.S. permission.

## FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

1. To promote Unity among Flint Area A.A., and harmony with Al-Anon and Ala-teen groups.  
...
9. The Council will create service committees and be financially responsible for them.

The **F.A.U.C. Aims and Purposes with Election Procedures** is on the website [geneseecountyaa.org](http://geneseecountyaa.org).

“Any group or district of the Fellowship is free to use the symbol of a circle and triangle on newsletters, meeting schedules or other A.A. material.”

From “The A.A. SERVICE MANUAL Combined With the TWELVE CONCEPTS for WORLD SERVICE” by Bill W. page S41, reprinted by permission of A.A.W.S.

# Flint Area Unity Council Newsletter

F.A.U.C. Website: [www.geneseecountyaa.org](http://www.geneseecountyaa.org)



September 2018  
Vol. 3; Issue 12  
AA Help Line  
(810) 234-0815

## GRAPEVINE Committee

No G.S.O Guideline; Part of Central or Intergroup Offices Guideline MG-02; Function 3.

3) Meeting Lists and Other Literature — At regular intervals, the central office may publish and distribute up-to-date lists of meetings and other information about local A.A. services. Many intergroup/central offices sell A.A. Conference-approved literature for the convenience of local groups. (This includes Grapevine/La Vina).

The above quote is from the G.S.O. Guideline MG-02. Used with A.A.W.S. permission.

- In 1965 the GSC (Grapevine Service Committee) recommended “ that the Grapevine use the services of area committees in promoting the sale of Grapevine at the group and individual level.”
- A GSC recommendation in 1975 stated: “that delegates communicate with the publishers of AA newsletters in their areas, urging them to use Grapevine blurbs, discussion topics, or other notices about the Grapevine regularly in their newsletters.”
- In 1978 the GSC recommended “that a Grapevine information table be made a regular feature at all conferences, conventions, and assemblies.”
- In 1979, the GSC recommended that Grapevine representatives recommend to their groups that they sponsor subscriptions, where possible, for institutions, treatment facilities, and professionals being “sponsored.”
- In 1980 the GSC recommended: “that groups make every effort to introduce newcomers to the Grapevine as one of our best tools in sobriety.”
- In 1988, the GSC recommended “that in order to encourage full participation, areas consider establishing a Grapevine awareness month and continue to hold Grapevine workshops, Grape-a-thons, and Grapevine meetings.”

From the website: <http://www.aagrapevine.org>

Used with permission of Grapevine/La Vina.

Contact Greg S, 810-493-3959, for information on the Grapevine for Group or Personal use.

## Sober Canoe Trip 2018



The words that come to mind are tranquility, serenity, peacefulness, fun, and just plain AWESOME!!

I was a little worried about the weather but as I arrived just before noon it was a beautiful blue sky and a nice breeze off the river. I started set up and a friend came by to help as it's easier with two people instead of one. I Love the fellowship and the caring we have for one another. I had a little cookout with hamburgers and bratwurst, maybe it's just me but it just seems to taste better outdoors.

We all gathered and headed for Ewart for Friday night AA Sweet Tooth meeting. It is unbelievable the warm welcome we always receive there. Coming back I almost hit a deer and that got my heart pumping for sure.

Saturday was breakfast and the canoe trip down the river. Very peaceful saw geese, an eagle, lots of turtles, and some fish. I had to sigh as we passed many partying people tossing down beers and jello shots; but for the grace of God go I.

One of our group capsized their kayak it was funny, won't mention any names but his initials are GG, hmm. We had two of our group bring out their guitars and the music was fantastic as well as the fellowship. At eight we had our campfire meeting which was a perfect ending for a perfect day with some new friends and everyone there.

I am going to try to organize for next year and will get a sign up sheet going so we can get reservations before January and hopefully keep us pretty much together. I will have a flyer out with contact information and other info needed. I have some ideas to make this bigger and better as I think this might be the 25<sup>th</sup> year too. Those who know me know the quote I like on page 132 in the Big Book.

“But we are not a glum lot. If newcomers could see no joy or fun in our existence, they wouldn't want it. We absolutely insist on enjoying life.”

Used with A.A.W.S. permission.

Thank You and may God bless each and everyone of you.  
In service Gordon G.



# Flint Area Unity Council Newsletter

F.A.U.C. Website: [www.geneseecountyaa.org](http://www.geneseecountyaa.org)



September 2018  
Vol. 3; Issue 12  
AA Help Line  
(810) 234-0815

## F.A.U.C. Committees & Chairs & Officers and Contact telephone numbers.

Committee Chairs with names & contact info.

**Al-Anon Liaison:** Brad S. 810-516-8449    **Accessibility for All Alcoholics:** Kamesha M. 810-449-5242

**A.A. Answering Service;** Wayne T. 810-875-2939

**CPC- Cooperation with the Professional Community;** Richard B. 810-938-9755

**Corrections;** George W. 810-624-2772    **Grapevine:** Greg S. 810-493-3959

**Literature/Meeting Books:** Chair – James P. 313-613-3703

**PI-Public Information:** Moe M. 810-908-3449    **Treatment:** Ben J. 810-513-9899

**Young People:** Chair – OPEN    **Website:** Katrina H. 810-347-2330

### F.A.U.C. Officers

F.A.U.C. officers with names & contact info.    **F.A.U.C. Chair:** Deborah B 810-493-5312 **F.A.U.C.**

**Secretary:** Aaron B. 810-858-0267    **Pass The Hat Assoc. Treasurer (PTHA):** Gordon G. 810-845-9953

### F.A.U.C. Newsletter

Editor–Doug G, 810-410-7458, [farfromittoday@aol.com](mailto:farfromittoday@aol.com)    Co-Editor – Drew K. 810-441-5541,  
[akeast75@protonmail.com](mailto:akeast75@protonmail.com)    Newsletter Distributors: Tim B, Tony B. Carl D, Doug G, Gordon G, Drew K, Kamesha M. James P, Bob W.

### 2018 F.A.U.C. Meetings; Date: Place: Group.

Sep. 15; Arid Club, 715 East St. Flint; Eye Opener    Oct. 20; Arid Club, 715 East St. Flint; Women in A.A.    Nov. 17; Arid Club, Courage to Change.    Dec. 15; Local 659, 4549 Van Slyke Rd; Van Slyke Grp.    **Next F.A.U.C. Meeting:** Meetings are on 3<sup>rd</sup> Saturdays.    The **Saturday** September 15th, 2018 F.A.U.C. Meeting has 11:30 am Committee Meetings with a 12:30 pm General Assembly.

The August Newsletter went to 122 meetings  
If yours did not receive one, call the Editor or  
Co-editor to find out how to get some!

**CORRECTIONS** to the 2018 Flint Area  
Group Meeting Book.

The **Lapeer Clover School** Group meets  
at 10 am Saturdays, not 11 am as listed.

The **Hogarth Group** meets at 7 pm  
Thursdays, not 7:30 pm as listed.

The **North Branch** Meeting at 7 pm  
Wednesdays was listed on the website at 8  
pm; it has been corrected by the Webmaster.

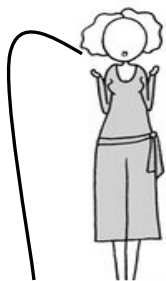
**Group NEWS**

If your Group would like a Newsletter short  
announcement, call or email the Editor or  
Co-Editor by the 20<sup>th</sup> of the month to get it in print.

**“LEARN FROM MISTAKES OF OTHERS. YOU CAN NEVER  
LIVE LONG ENOUGH TO MAKE THEM ALL YOURSELF”.**

Groucho Marx ~ October 2, 1890 – August 19, 1977

**“IF YOU’RE BEING CHASED BY A POLICE DOG TRY NOT TO  
GO THROUGH A TUNNEL, THEN ON TO A LITTLE SEESAW,  
THEN JUMP THROUGH A HOOP OF FIRE. THEY’RE TRAINED  
FOR THAT!”** Milton Berle ~ July 20, 1908 – March 27, 2002



Do I have to make  
AMENDS even when I'm  
still suffering GUILT?

If you would like to receive  
the Newsletter via email,  
email request to the Editor at  
[farfromittoday@aol.com](mailto:farfromittoday@aol.com).

Let's start  
with a search  
on how many  
times you  
said, **“That  
being said,  
As God is  
my witness”.**



That being said, it didn't appear  
that this day would have a happy  
ending either...

A.A Treasurer's addresses:



A.A.W.S., Inc., P.O. Box 459, Grand Central Station, New York, NY 10163  
C.M.I.A. 32, % Cindy Rowley, 2903 Ronan St. Apt 2, Midland MI 48642  
F.A.U.C., P.O. Box 465, Flint, MI 48501    Please make checks payable to

**Pass The Hat Association, Inc.**



Sure I'll see  
you at the  
bowling  
alley later;  
I'm just  
smoothing  
things out  
with the  
wife right  
now.