

# Flint Area Unity Council Newsletter

F.A.U.C. Website: [www.geneseecountyaa.org](http://www.geneseecountyaa.org)



September 2019  
Vol. 4; Issue 12  
AA Help Line  
(810) 234-0815



## September 2019 Flint Area Open Speaker Meetings \*

\* = Addresses of Locations can be found in the  
2019 Flint Area Groups Meeting Book. (Page #).

- Thu 5 7 pm Van Slyke (19).  
Fri 6 12 noon, Eye Opener, Arid Club (21).  
8 pm, Fenton Alano.  
8:00 pm Clover School Lapeer (22).  
Sat 7 7:30 pm Eastside St Mary's (24).  
8 pm St Jude's Fenton (23).  
8 pm Episcopal Church Owosso (25).  
Sun 8 7 pm St Andrews (6).  
7:30 pm Torrey Road Grp Arid Club (6).  
Fri 13 8 pm, Fenton Alano.  
8:00 pm Clover School Lapeer (22).  
Sat 14 7:30 pm Eastside St Mary's (24).  
8 pm St Jude's Fenton (23).  
8 pm Episcopal Church Owosso (25).  
Sun 15 7 pm St Andrews (6).  
7:30 pm Torrey Road Grp Arid Club (6).  
Wed 18 7:30 pm Thump Day! (15).  
Fri 20 8 pm, Fenton Alano.  
8:00 pm Clover School Lapeer (22).  
Sat 21 7:30 pm Eastside St Mary's (24).  
8 pm St Jude's Fenton (23).  
8 pm Episcopal Church Owosso (25).  
Sun 22 6 pm Otter Lake (7).  
7 pm St Andrews (6).  
7:30 pm Torrey Road Grp Arid Club (6).  
Fri 27 8 pm, Fenton Alano.  
8:00 pm Clover School Lapeer (22).  
Sat 28 11 am Oak Park (24).  
\*\* 7 pm Thetford (25). With a POTLUCK.  
7:30 pm Eastside St Mary's (24).  
7:30 pm Episcopal Church Owosso (25).  
8 pm St Jude's Fenton (23).  
Sun 29 7 pm St Andrews (6).  
7:30 pm Torrey Road Grp Arid Club (6).  
Mon 30 7 pm Montrose HOPE (11).

Group wants the Speaker listed? email to  
[farfromtoday@aol.com](mailto:farfromtoday@aol.com) the details.

## **DANKIE! TAK! MERCI! GRAZIE! TAKK! CHOUKRANE! CHI MIIGWEETCH! KOP KUHN! GRACIAS! A DANK! GIYABONGA! THANK YOU!**

The Flint Area Unity Council would like to Thank all those that have contributed consistent and vast Service Work for this Newsletter, and to those who's donations make it possible, and to those who read it..

The first issue was a one page Newsletter published in October 2015. In August 2018, it came to its current format, a four page Newsletter. This then, is the 48<sup>th</sup> issue, 48 months in a row missing not a single issue!

There have been many that have worked to keep this going, the originator, the follower, the co-editors, the distributors, those who've written articles, even those that critique (some quite sorely!).

So whatever it is you do, keep doing it and if you don't do anything but read it, then you are the one we are working for.

(**THANK YOU!** Is in the following 12 languages: Afrikaans; Danish; French; Italian; Norwegian; Lebanese; Anishinabek Chippewa; Thai; Spanish; Yiddish; Zulu; English).



A sad notice of a long time member's passing. Mercedes M. (Moose) has moved on to the after life. Moose has been a very active member of her home group for many years. From Greeter, Coffee Maker, Set-up, Pick up, even Group Treasurer at one time, she'd do anything to help. She was the Co-editor of this Newsletter for many issues, a task she loved, and her with macular degeneration. Condolences to the family and all members who will miss her are being offered with a prayer for eternal rest.

THANK YOU MOOSE in the language of the heart.

**Tradition Nine  
Tradition Short Form**

“A.A., as such, ought never be organized but we may create service boards or committees directly responsible to those they serve.” (561).

**Tradition Long Form**

“Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office in New York. They are authorized by the groups to handle our overall public relations, and they guarantee the integrity of our principal newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness. (564).

Alcoholics Anonymous quotes pages 561 and 564 reprinted with A.A.W.S. permission.

**Promises of the Ninth Tradition**

“We recognize that alcoholics can’t be dictated to – individually or collectively.” (174).

“Great suffering and great love are A.A.’s disciplinarians; we need no others.” (174).

“...the aim of our services is to bring sobriety within reach of all who want it.” (175).

The Twelve Steps and Twelve Traditions quotes on pages 166, 167 & 171, reprinted with A.A.W.S. permission.

**Ninth Tradition Principle  
Giving It Away**

The 12-step program is free. There is a saying in the rooms, "In order to keep it, you must give it away", with the keyword "give." By not being highly organized, support groups keep the emphasis on true fellowship and their primary purpose. There may be committees or a secretary to help with handling contributions.

From the Website:

<https://www.verywellmind.com/the-twelve-traditions>

**TRADITIONS CHECKLIST  
from the A.A. Grapevine**

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

**Tradition Nine:** “A.A., as such, ought never be organized but we may create service boards or committees directly responsible to those they serve.”

1. Do I still try to boss things in AA?
2. Do I resist formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn’t every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?

Reprinted with permission of the A.A. Grapevine.

**FLINT AREA UNITY COUNCIL AIMS AND PURPOSES**

- 1) To promote Unity among Flint Area A.A., and harmony with Al-Anon and Ala-teen groups.
- 9) The Council will create service committees and be financially responsible for them.

The **F.A.U.C. Aims and Purposes with Election Procedures** is on the website [www.geneseecountyaa.org](http://www.geneseecountyaa.org).

“Any group or district of the Fellowship is free to use the symbol of a circle and triangle on newsletters, meeting schedules or other A.A. material.”

From “The A.A. SERVICE MANUAL Combined With the TWELVE CONCEPTS for WORLD SERVICE” by Bill W. page S41, reprinted by permission of A.A.W.S.

### The Ninth Step and the Ninth Tradition

“Made direct amends to such persons where ever possible, except when to do so would injure them or others” (59).

“A.A., as such, ought never be organized but we may create service boards or committees directly responsible to those they serve.” (561).

At first glance, the Ninth Step and Ninth Tradition don't seem to have much, if anything, in common.

One may be right about that if honesty, open mindedness and willingness is discounted. How many times have we heard, or expressed ourselves in this way, ‘the only real amend I can make in this situation is a Living Amend’. So we go about living a new life that is more about improving our self so that through actions, thoughts and deeds, we are offering a lifestyle that is new and responsible.

This is what is meant by “Ideas, emotions, and attitudes which were once the guiding forces of the lives of these men are suddenly cast to one side, and a completely new set of conceptions and motives begin to dominate them.” (27).

“But what about his responsibilities – his family and the men would die because they would not know how to get well, ah – yes, those other alcoholics?” (154).

So as the Ninth Tradition implies, there is still much work to be done, but one can not do it all alone. So the work of others is “directly responsible to those they serve”. (561)

“You can help when no one else can. You can secure their confidence when others fail.” (89).

“Volunteer committeemen and assistants could be of great help, but they could not be expected to carry this load day in and day out.” (169, 12 X 12).

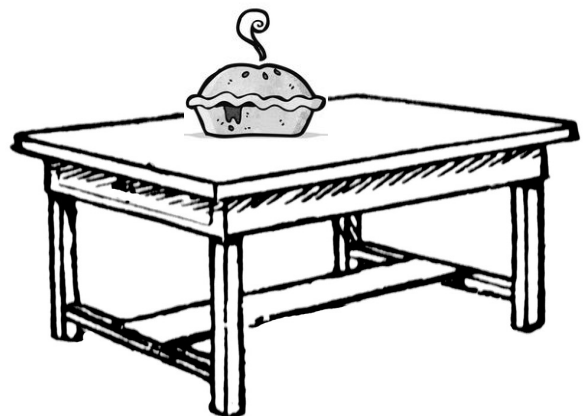
Alcoholics Anonymous, quotes on pages 27, 59, 89, 154, 169 (12 X 12), and 561 reprinted with A.A.W.S. permission.

### Lumberjack Pie

#### Ingredients

- 1 lb extra-lean (at least 90%) ground beef
- 1/2 cup plain bread crumbs
- 1/3 cup ketchup
- 3/4 teaspoon salt
- 1 cup frozen mixed vegetables
- 2 granny smith apples
- 1/4 cup apple cider
- 1 cup maple syrup
- 1 3/4 cups water
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 3/4 cup milk
- 2 cups plain mashed potato mix (dry)
- 1 tablespoon chopped fresh chives
- 1/2 cup thick cut shredded cheddar cheese

1. Heat oven to 375°F. In medium bowl, mix beef, bread crumbs, ketchup and 1/2 teaspoon of the salt. Press mixture in bottom and up sides of ungreased 9-inch pie pan. Bake 10 minutes.
2. Cut up two granny smith apples. Sauté them in a pan with apple cider and add a splash or two of maple syrup. When the apples are soft, draw the liquid and put in a separate bowl.
2. Meanwhile, in 2-quart saucepan, make mashed potato mix adding salt, garlic and onion powder. With fork, stir in milk and mashed potato mix (dry) until potatoes are of desired consistency.
3. Remove beef crust from oven; pour off any drippings. Spoon potato mixture evenly into partially baked crust. Bake 10 to 15 minutes longer or until hot. Sprinkle with chopped chives and shredded cheddar cheese.



**F.A.U.C. Committees; Officers & Chairs.**

Committee Chairs with names. (Visit the website [www.geneseecountyaa.org](http://www.geneseecountyaa.org) to email the F.A.U.C.).

**F.A.U.C. Chair:** Deborah B.

**F.A.U.C. Secretary:** Aaron B.

**Pass The Hat Assoc. Treasurer (PTHA):** George W.

**Al-Anon Liaison;** OPEN

**Accessibility for All Alcoholics:** Chris R..

**A.A. Answering Service:** Wayne T.

**PI-Public Information:** Moe M.

**CPC- Cooperation with the Professional Community:** Richard B.

**Corrections:** George W. **Grapevine:** Greg S.

**Literature/Meeting Books:** James P.

**Treatment:** Ben J. **Website:** Doug G.

**Young People:** OPEN

**F.A.U.C. Newsletter**

Editor: Doug G. Co-Editor: OPEN.

**Newsletter Distributors**

Bob W, Carl D, Chris R, Doug G, Drew K, Gordon G, Jared, Jeff G, James P, Tony B,

The August 2019 Newsletter went to 197 meetings & 69 emails. See note bottom left.

**Ned & Jed**



**You have any thing to offer for the 12<sup>th</sup> Step meeting tonight, Jed?**

Been saving, can bring extra chips for the Speaker.



**Where are you going?**

Going to make Lumberjack pies to share at the meeting. Got to give it away to keep it.

**Do tell. Not quite what I had in mind, but I do enjoy your pies.**



**Do tell. Extra chips for the fella are not what I'm talking about.**

If you want a Newsletter via email, send Editor a request to [farfromittoday@aol.com](mailto:farfromittoday@aol.com).

**A.A Treasurer's addresses:**

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payable to **Pass The Hat Association, Inc.**

**2019 F.A.U.C. Meetings; Date: Place: Group.**

**Next F.A.U.C. Meeting:** Meetings are on the 3<sup>rd</sup> Saturdays of the month; 11:30 am Committee Meetings with a 12:30 pm General Assembly.

**September 21:** Otter Lake; St John the Baptist Episcopal Church, 5811 Forest Ave, Otter Lake.

**October 19:** Women in A.A., Arid Club.

**November 16:** Fenton Alano,  
800 North Rd. Fenton

**December 21:** Van Slyke Group at Local 659

**Group NEWS**

The Lapeer Clover School **Friday Night Open Talk** at 8:30 pm has been changed to **8:00 pm**.

Autumn Celebration Recovery Dance at the Faith Lutheran Church, 12534 Holly Rd. Grand Blanc on Saturday September 21st DJ is Chris S; \$7 cover charge, children 12 and under \$2. Food, Coffee, Fellowship, Dance, Door Prizes, 50/50 raffle. Food 6-7 pm and 8 – 10 pm/ Open Speaker 7 – 8 pm, Dance 8 – 11?

The new (North) Westside DCM elected at the August F.A.U.C. Meeting is James P. Thank you for your Service and Commitment!

Group wants a Newsletter announcement? Email [farfromittoday@aol.com](mailto:farfromittoday@aol.com) by the 20<sup>th</sup> of the month.

