Flint Area Unity Council

~ Newsletter ~

F.A.U.C. Website: **www.geneseecountyaa.org** The A.A.W.S. licensed Smart Phone Meeting Guide app has

all Flint Area A.A. Meetings on it and is available for free.

The Meaning of Number 10; the number 10 indicates an independent person with enormous potential. This number helps in bringing projects to completion. The number 10 is comfortable with being alone (like the number 1), and it recognizes the need for individualism while being part of the whole.

A.A. Trivia: on Number 10. 1935, A.A. gained member number 10; Freddie B. New York. However, he failed to gain long term sobriety.



October 2020; No. 61 Vol. 6; Issue 1 A.A. Help Line (810) 234-0815

Meetings Opened and Zoom Meetings on Website Home Page.

- So here is a bunch (I counted) of seriously interesting (mostly) facts about the number 10.
- ~ Number 10 Downing Street is home of the British Prime Minister. (Only if said with "Number 10" in a British accent).
- ~ There are 10 Lords A-Leapin' according to the song.
- ~ Capricorn is the 10th sign in the Zodiac.
- ~ There are 10 provinces in Canada, eh? (Can you name them?).
- ~ Virginia is the 10^{th} State in the Union.
- \sim Ten is what you count to when you need to take a moment.
- \sim Take 10 when you need a longer break.
- ~ We love Top Ten Lists.
- ~ Surfers Hang 10!

PRINCIPLE OF CONCEPT X

The principle of Concept X is Clarity. Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided. And to be perfectly clear, a sober lifestyle is all about Service to others. (G.S.O. Guidelines suggest Service work responsibilities for examples, see page 5 for list).

You do have good reasons to work and live a clean and sober lifestyle. Can you list 10 reasons why you want to continue to remain clean and sober?



Hello, my name is Randy,

I'm an alcoholic. It's now going on eight years since I've had a drink. My first few years of sobriety were not easy. I craved the taste and even at first had the shakes. It was also a big adjustment as I never knew how to have fun or enjoy myself without alcohol. It took some time to get used to it, but I did. Now I have great sober friends with a new happy sober past. Thanks to God, Alcoholics Anonymous, and my wife I may not have made it.

As this year is flying by, we're in the middle of a pandemic, Covid-19, and we have all these shut downs, stay at home order along with social distancing. It can make it harder for our alcoholic brothers and sisters to remain sober, especially for a person who hasn't been clean for a long time. I know it's hard even with this pandemic, but believe me when I say to you can do it.

All you need is just to believe in yourself. Keep in contact with your sponsor along with practicing the Twelve Steps. Like I said about believing in yourself, well I also believe in you.



I've been sent to get cigs and booze – I got stay-at-home folks. They are trying to not get another sort of illness...

CONCEPT X SHORT FORM

"Every service responsibility should be matched by an equal service authority with the scope of such authority well defined."¹

CONCEPT X LONG FORM

"Every service responsibility should be matched by an equal service authority-the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws."²

CONCEPT X EXPLAINED

"This concept is the principle that underlies some of the earlier concepts relating to the groups having the ultimate authority but then having that authority being delegated ultimately to the Conference and then to the Trustees, but with the delegation of authority always being accompanied by a clear statement of the scope of authority and responsibility." ³

THE WHITE HOUSE WASHINGTON "And so, my fellow had so, hig fellar An ask hor when your lando for you ... as Americans, Ask not what your country can do for you -- ask what vou can do for your country." JFK Love is the grea

CONCEPT X CHECKLIST

(Service Material from the General Service Office).

- Do we understand "authority" and "responsibility" as they relate to group conscience decisions by G.S.R.s, D.C.M.s and our area delegates?
- Why is delegation of "authority" so important to the overall effectiveness of A.A.?
- Do we use this concept to define the scope of "authority"? ⁴

LET ME BE PERFECTLY CLEAR is a sermon based on Psalms 57:1-3. The message: Allow God to be seen clearly in your life.

When he (Nixon) was under investigation regarding Watergate, he said, "Let me make this perfectly clear, I am the President." He was pretty indignant that he was being investigated and thought he was above the law.

The two above examples help with understanding "authority" and "responsibility".

The first is that the authority is God and the responsibility is our life.

The second is that Nixon mistook his responsibility as President to mean authority.

The two handwritten notes in the left column by figures in U.S. history show that authority and responsibility go hand in hand so to speak. Ask what we can do, recognize love as the greatest force, and be a participant in the being of God.

2018 – 2020 Edition of The A.A. Service Manual Combined with Twelve Concepts for World Service. Reprinted with A.A.W.S. permission. ¹ Page IV.

- ² Page VI.
- ³ https://www.tapatalk.com/groups/recoveryinn/12concepts-explained-t4286.html.
- ⁴ https://www.aa.org/assets/en_US/smf-91_en.pdf
- ⁵ https://www.shapell.org/manuscript/jfkhandwritten-quote-ask-not/#transcripts
- ⁶ https://www.bing.com/images/search?q=martin+ luther+king+handwritten+notes

FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

1) To promote Unity among Flint Area A.A., and harmony with Al-Anon and Ala-teen groups.

9) The Council will create service committees and be financially responsible for them.

The F.A.U.C. Aims and Purposes with Election Procedures is on the website <u>www.geneseecountyaa.org.</u>

"Any group or district of the Fellowship is free to use the symbol of a circle and triangle on newsletters, meeting schedules or other A.A. material."

From "The A.A. SERVICE MANUAL Combined With the TWELVE CONCEPTS for WORLD SERVICE" by Bill W. page S41, reprinted by permission of A.A.W.S.

"Three Legacies of AA"

"The Three Legacies of Alcoholics Anonymous are Recovery, Unity, and Service. These legacies are socalled because they have been passed down to us from the cofounders and old-timers of AA. The Legacy of Recovery is contained in the Big Book, the Twelve Steps, and Twelfth Step work. The Legacy of Unity is contained in the Twelve Traditions. The Legacy of Service is contained in every act which helps AA function or which carries the AA message to those who need it and is described in detail in the Twelve Concepts for World Service.⁷

"Recovery"

"In AA, we agree that there is no cure for alcoholism. Once an alcoholic always an alcoholic means that we will never gain the ability to drink normally. However, we can recover. The foreword of the Big Book opens with, "We, of Alcoholics Anonymous, are more than one hundred men and women [in 1939] who have recovered from a seemingly hopeless state of mind and body. To show other alcoholics precisely how we have recovered is the main purpose of this book." Some members describe themselves as "recovered" in the sense that they have got over the main problems drinking had on them. Some members prefer to describe themselves as recovering alcoholics to emphasize that getting well is an ongoing process which is never fully complete." ⁸

"Service in Recovery"

"The 12th step in the Big Book discusses the role of service for the recovering alcoholic and gives you the responsibility of carrying on the message about AA, recovery, and the sober life. An integral part of the AA philosophy is that to remain sober, you must help other alcoholics (or addicts) find their way to the program and help them find their way to recovery.

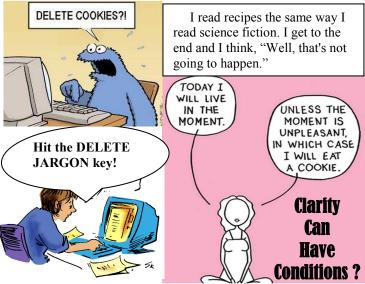
"Part of the role of service and the 12th step is about being active at the local level and includes being at meetings, engaging with the new members, and showing them the benefits of the program."⁹

"Tradition One: A Pathway to Unity"

"Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward."¹⁰

- ⁷⁻⁸ https://aa.org.au/new-to-aa/frequently-askedquestions/glossary-of-terms/
- ⁹ https://alcoholicsanonymous.com/the-role-ofservice-in-addiction/
- ¹⁰ https://bigbooksponsorship.org/articlesalcoholism-addiction-12-step-programrecovery/twelve-traditions-group-consciencemob-rule/tradition-pathway-unity/





Ned & Jed

Say Jed, are you clear on clarity now?



Do tell, well your clarity was befuddled. It's about authority and responsibility.

Yep, lost a heap one time. The authorities said I was responsible. Not the Everclear, or even God.

One time the clarity of my purpose came to me with that there Everclear. I swear. I seen God!



Tis true. Now you know that ultimate authority means you are ultimately responsible?

C'mon man, fer sure. I learned things sure looked different out of an Everclear fog.

Do tell, the scope of your understanding changed. Almost like you saw a clear statement. Now grab your saw and go get a clear knot log for the chopper bench. And stay clear of Everclear.

F.A.U.C. Committees; Officers & Chairs.

Committee Chairs with names. (Visit the website <u>www.geneseecountyaa.org</u> to email the F.A.U.C.).

F.A.U.C. Chair: Gordon G.

F.A.U.C. Secretary: Aaron B.

Pass The Hat Assoc. Treasurer (PTHA): George W.

Accessibility for All Alcoholics: Ruth H.

A.A. Answering Service: Wayne T.

CPC- Cooperation with the Professional

Community: Gordon G.

Corrections: Chris R.

Grapevine: Greg S.

Literature/Meeting Books/Newsletter: James P. **PI-Public Information:** *OPEN*

Treatment: Kamesha M. **Website:** Doug G. **Young People:** *OPEN*

F.A.U.C. Newsletter

Editor: Doug G. Co-Editors: Mike J, Drew K.

Newsletter Distributors

Bob W, Carl D, Chris R, Doug G, Drew K, Gordon G, Jack B, James P, Jared B, Jerry S, Kamesha M, Kelly S, Tom S.

There's been no hard copy distribution of the Newsletter since March 2020 due to closing of meetings as to Executive Order compliance. But give those distributors a round of applause for their previous Service Work. "Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds."

The September 2020 Newsletter went to 124 emails. If you would like a Newsletter via email, send Editor a request to <u>farfromittoday@aol.com</u>.

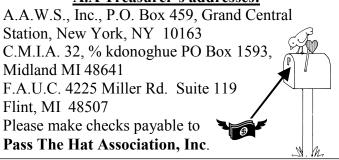
2020 F.A.U.C. Meetings; Date: Place: Host Group.

Next F.A.U.C. Meeting: Meetings are on the 3rd Saturdays of the month at 1:15 pm for the General Assembly.

October 17: Arid Club, Women in A.A. November 21: Arid Club, New Strength December 19: Local 659, Van Slyke Group

Alcohol & Calculus don't mix. So don't drink & derive. We have enough youth. Will somebody please go find the Fountain of Smart?

A.A Treasurer's addresses:



Group NEWS

MCYPAA 41, November 22-24, at the Crowne Plaza Hotel in Detroit, MI.

The Flint Alano House has a Closure from Sept 27 until Nov 1. Details at 810-293-4699 or 810-406-7161.

Lapeer Clover School updated the meeting list, visit website www.geneseecountyaa.org at the Flint Area Unity Council 2020 Meeting Schedule tab for daily meetings time and types. Attachments at Newsletter end for Alano and Clover notices.

The Lunch Bunch Zoom Meeting added a pass code - 1200. The CMIA 32 meeting will be outdoors at the Bay County Fairgrounds in the Pavilion Oct. 4, 2020. Notice on page 6. Visit: <u>http://www.cmia32.org/areameetings/baycity.php</u>

Thetford; WOMEN'S meeting at 5:30 pm Tuesdays. Come early. Group wants a Newsletter announcement?

Email <u>farfromittoday@aol.com</u> by the 20th of the month.

THESE MEETINGS ARE OPEN AND LISTED ON THE WEBSITE. October 2020 Flint Area Open Speaker Meetings *

* = Addresses of Locations can be found in the 2020 Flint Area Groups Meeting Book. (Page #).

- Thu 1 7 pm Van Slyke (16).
- Sun 4 7:30 pm Torrey Road Group Arid Club (6).
- Fri 9 12 noon, Eye Opener, Arid Club (18).
- Sun 11 7:30 pm Torrey Road Group Arid Club (6).
- Sun 18 7:30 pm Torrey Road Group Arid Club (6).
- Sun 25 7:30 pm Torrey Road Group Arid Club (6).
- Mon 26 7 pm Montrose HOPE (9).
- Sat 31 ** 7 pm Thetford With a POTLUCK (21).

If your meeting is now opened for attendance with an Open Speaker, please contact the editor at farfromittoday@aol.com so it can be listed.

How does one achieve clarity in expression? First, make it clear from the beginning whether you are asking a question or offering a comment. This helps people prepare their minds to receive information or think about a possible answer.

Second, think about who you are addressing your communication to. This will help you use words that may not be unfamiliar to them, as well as using a tone that is appropriate (formal, casual, respectful, friendly, serious). Often people do not discern the meaning because the tone (if inappropriate) is unexpected, and therefore distracting.

Third, try to be brief. If your idea is clear, it will not take too many words to express it. The advertising wizard David Ogilvy is supposed to have said that if your idea cannot be written on the back of a visiting card, then it is not an idea. You can go into detail if people request you to, and they will definitely ask follow-up questions if they are able to understand what you are saying.

Adapted from:

https://www.thehindu.com/education/clarity-can-beelusive/article31067540.ece

List of GSO A.A. Guidelines for information. (Available at www.aa.org)

- MG-02 Central or Intergroup Offices, 4 pages.
- MG-06 Corrections Committees, 2 pages.
- MG-07 Public Information, 4 pages.
- MG-09 Literature Committees, 4 pages.
- MG-11 Cooperating With the Professional Community, 4 pages.
- MG-12 A.A. Answering Services, 2 pages.
- MG-13 Carry the A.A. Message to the Deaf Alcoholic, 2 pages.
- MG-14 Treatment Committees, 4 pages.
- MG-15 Finance, 6 pages.
- MG-16 Accessibility For All Alcoholics, 2 pages.
- MG-17 Archives, 4 pages.
- MG-18 Internet, 4 pages.

List of F.A.U.C. Committees and appropriate GSO Guideline(s).

- Corrections, MG-06, Mentioned in MG-02; Functions #6.
- Public Information, MG-07, Mentioned in MG-02; Functions #5.
- Cooperating with the Professional Community, MG-11, Mentioned in MG-02; Functions #5.
- Answering Service, MG-12, Mentioned in MG-02; Functions #1.
- Treatment Facilities, MG-14, Mentioned in MG-02; Functions #6.
- Accessibility For All Alcoholics, MG-16, MG-13, Mentioned in MG-02; Functions #9.
- Internet (Website), MG-18, Mentioned in MG-02; Functions #1.
- Literature (Includes Meeting Book and Newsletter), Mentioned in MG-02; Functions #3.
- Grapevine, Mentioned in MG-02; Functions #3.

The Ad-hoc committees for Intra-Area Group Conventions, Picnic, New Year's Dinner/Dance, etc. are mentioned in MG-02; Functions #7.

In addition, several others are pertinent to understanding any authority and/or responsibility of Service Work. Only a few are listed here (I counted).

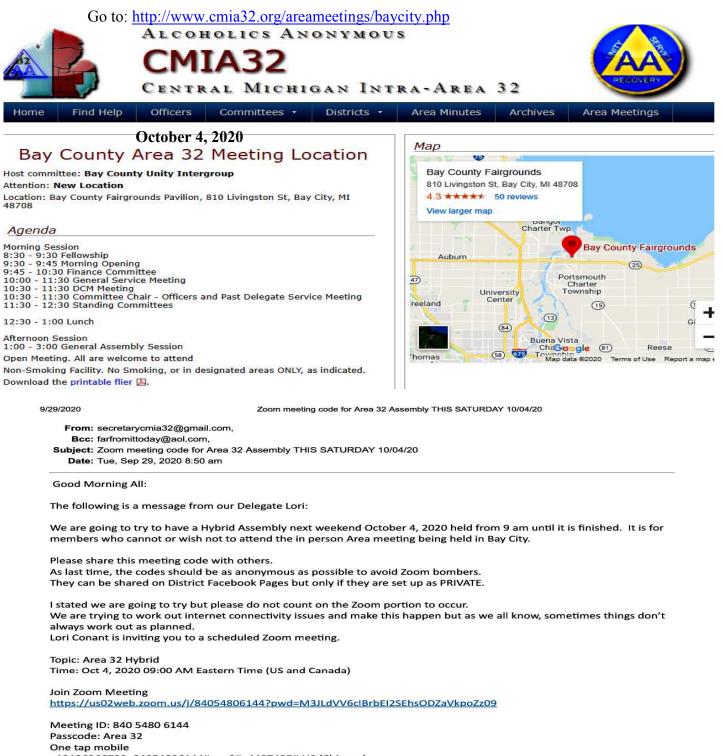
F-119W - Contents of Group Handbook.

P-19 - G.S.O. General Service Representative.

SMF - 131 Traditions Checklist from the A.A. Grapevine.

SMF - 197 Anonymity Online.

Please visit the website www.aa.org to find what you may be looking for and/or call the G.S.O. in New York, N.Y. at (212) 870-3400 for additional help and questions.



+13126266799,,84054806144#,,,,,0#,,4427425# US (Chicago)

+16465588656,,84054806144#,,,,,0#,,4427425# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) +1 301 715 8592 US (Germantown) +1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma)

Meeting ID: 840 5480 6144

Passcode: 4427425

Find your local number: https://us02web.zoom.us/u/kX9NtUf0

Lori Conant Delegate Area 32; Panel 69

Alano House of Flint



2608 Maplewood Ave. Flint, MI 48506 . Ph: 810-233-0737 Email: alanohouseofflint@gmail.com

Alano House of Flint - Temporary Closure

(9/27/20-11/1/20)

It is after an extreme amount of discussion, prayer, and weighing of options that the decision has been made to close the club. The safety of all was taken into consideration.

- Effective date: 9/26/20 (Saturday)
 - (following the close of the 9:30p meeting)
 - The closure includes all of club property
 - There will be no meetings held during the time of closure

In the event that you are interested in volunteering your time

- please make contact with one of the numbers listed
 - Contact needs to be made prior to arrival for scheduling purposes
 - Your understanding of this is greatly appreciated!
 - Chris R 810-293-4699
 - Erica S 810-406-7161

Grand Reopening: Monday 11/2/20

ALL MEETINGS ARE OF THE "CLOSED"	TYPE.
----------------------------------	-------

ALL MEETINGS ARE OF THE "CLOSED" TYPE.			
	Meeting - Type	Day	Time
1	Lapeer Clover School	Sunday	10:00 AM
2	Lapeer Clover School	Sunday	8:00 PM
3	Lapeer Clover School	Monday	11:00 AM
4	Lapeer Clover School	Monday	8:00 PM
5	Lapeer Clover School	Tuesday	11:00 AM
6	Lapeer Clover School – Big Book	Tuesday	6:00 PM
7	Lapeer Clover School	Tuesday	8:00 PM
8	Lapeer Clover School	Wednesday	11:00 AM
9	Lapeer Clover School	Wednesday	8:00 PM
10	Lapeer Clover School	Thursday	11:00 AM
11	Lapeer Clover School	Thursday	8:00 PM
12	Lapeer Clover School	Friday	9:00 AM
13	Lapeer Clover School	Friday	11:00 AM
14	Lapeer Clover School – OPEN TALK	Friday	8:00 PM
15	Lapeer Clover School – Step Meeting	Saturday	10:00 AM
16	Lapeer Clover School	Saturday	8:00 PM