

Flint Area Unity Council Newsletter

FAUC Website: www.geneseecountyaa.org



May 2016

AA Help Line (810) 234-0815

Guest Columnist

Way of Life

It seems tricky in early sobriety for me to tell the difference Between the 12 individual sentences laid out as a summary on placemats and on page 59 in the Big Book. The members speak of them as a "thing that you do/work" but then say that it never ends. So trying to understand if I do 12 things and get better or if I have to continuously "lather, rinse, repeat" was troublesome. Thank goodness someone approached me and offered assistance. Not knowing any better I accepted his assistance and I found myself with an experienced member who not only had been sober but had the ability and willingness to share it with me. Our discussions started out very informative and it sounded like he really believed it would work for me too. That was enough to entice me to make my beginning. As we proceeded through the initial working of the steps he continuously referenced how they could help address daily living once I acquainted myself with how they were so much more than what I saw in those 12 sentences.

It reminds me of the first approach Ebby T. made to Bill W. He brought to him the ideas he gathered from the Oxford Group (found on page 263). When Bill actually "did/worked" those things it looks like the part of Bill's story on page 13. This initial change of heart and attitude was very impacting on his life.

Using these measures to start a new way of living drastically changed the path of this once hopeless drunk.

This way of life he'd been introduced to would save the lives of millions.

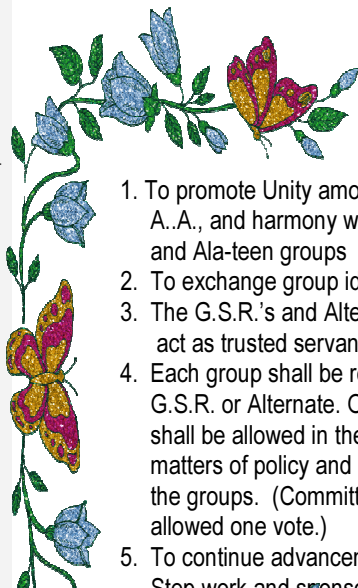
FAUC Meetings: Date-Location

May 15 – Arid Club
June 12 – Arid Club
July 17 – Arid Club
August 21 - Arid Club

This has become such an amazing gift I can't help but tell all who pause in my presence.

1. Fully convinced that I'll always need help.
2. Just willing enough to believe that there's help out there.
3. I endeavor to seek and find this Powerful solution in daily living.
4. Ever mindful that my internal condition is uncomfortable when separated.
5. Complete honesty isn't as damaging as I thought it would be.
6. My own actions bother me yet I can't stop.
7. I want this new found power to remove my acting out against my own conscience.
8. I'd like to not feel so bad when I see people from my past.
9. Repair, if possible, the wrong ways I've acted in the past eliminating guilt shame and remorse.
10. Make diligent effort to stay connected to this new power who has the ability to alter my ways.
11. Review each day, how well I stay connected or how long it takes me to reconnect to this power, so I can try to improve.
12. Use this every where and help those looking for change.

Submitted by Russ H.



1. To promote Unity among Flint Area A.A., and harmony with Al-Anon and Ala-teen groups
2. To exchange group ideas.
3. The G.S.R.'s and Alternates shall act as trusted servants of their groups.
4. Each group shall be represented by a G.S.R. or Alternate. One vote per group shall be allowed in the determining matters of policy and action affecting the groups. (Committee persons are allowed one vote.)
5. To continue advancement of Twelve Step work and sponsorship.

"Any group or district of the Fellowship is free to use the symbol of a circle and triangle on newsletters, meeting schedules or other A.A. material." From "The A.A. SERVICE MANUAL Combined With the TWELVE CONCEPTS for WORLD SERVICE by Bill W." page S41, reprinted by permission of A.A.W.S.

Volunteers Needed

Flint Area Unity Council Committee service work puts the group donations to work by helping the still suffering alcoholic.

The Pass The Hat Association, Inc. has openings the to fill. Please call 810-410-7458 for details.

Call the Corrections Committee to help serve. 810-624-2772.

The Literature Committee traveling display's ready for your meeting. Please call 313-613-3703 for details.

The Public Information & Literature Committees are planning a Traditions Skit and are looking for actors and support. Please call 313-613-3703 for details.

The Special Needs Committee plans to meet at homes of those in need. Please call 810-471-0305 for details.

FAUC Committees

Al-Anon Liaison
Joann G 810-845-5318
Answering Service;
Chair - Wayne T. 810-962-5036
Co chair Doug G. 810-410-7458
CPC- Cooperation with the Professional Community;
Chair - Richard B 810-938-9755
Co chair Bob W. 810-814-7988
Corrections; Chair
George W. 810 - 624 - 2772
Grapevine: Chair
Mark W 810-471-2155
Literature/Meeting Books:
Chair - James P. 313-613-3703
Co chair; Doug G 810-410-7458
PI-Public Information: Chair
Jason 810-287-4622
Special Needs: Chair
Hannah R 810-471-0305
Treatment: Chair
Rachael 810-247-3393
Young People: Chair
Gregory G 810-730-3146
Website: Chair
Katrina H 810-347-2330

FAUC Secretary;
Anney F 989-506-0763
PTHA, Inc. Treasurer:
Gordon G 810-845-9953
FAUC Chair:
Deborah B 810-493-5312
FAUC Newsletter Editor -Doug G,
Any/all comments welcome,
810-410-7458 or email
farfromittoday@aol.com

FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

6. To help financially any member group of this Council who needs help. A two-thirds majority vote will pass on any such loans which shall not be in excess of sixty days.
7. The Twelve Traditions and Twelve Concepts of A.A. shall prevail at all times.
8. No monies will be spent or sent out of the Council area without a two-thirds majority vote of the groups that have paid into the council in the last three months. If they are not present they will be contacted for a vote on the issue within one week.
9. The Council will create service committees and be financially responsible for them.



Flint Area Open Speaker Meetings* for the Month

If you would like the Speaker at a meeting listed, please call 810-410-7458.

NOTES: * = All addresses of Locations can be found in the FAUC Meeting Book. ** = With a Potluck Dinner.

May 2016

SUNDAY	MONDAY	TUES	WED	THURSDAY	FRIDAY	SATURDAY
1 7 pm St Andrews 7:30 pm Arid Club	2	3	4	5 7 pm Van Slyke	6 12 noon Arid Club 8:30 pm Clover School Lapeer	7 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Durand
8 7 pm St Andrews 7:30 pm Arid Club	9	10	11	12	13 8:30 pm Clover School Lapeer	14 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Durand
15 FAUC 11:30 am; Committees 12 :30 pm General Assembly -Arid Club 7 pm St Andrews 7:30 pm Arid Club					20 8:30 pm Clover School Lapeer	21 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Durand
22 7 pm St Andrews 7:30 pm Arid Club					27 ** 7 pm Durand Group, Durand 8:30 pm Clover School Lapeer	28 7:30 pm Eastside St Mary's 8 pm St Jude's Fenton 8 pm Episcopal Church Durand
29 7 pm St Andrews 7:30 pm Arid Club	30 7 pm Montrose HOPE	31 A concern passed on by the Website Chair for the Newsletter; some members want the Speaker names listed. Please have Chairs of those meetings follow a suggestion of calling the number listed by the 3rd week of a month to get names listed for the following month.				

A.A Treasurer's:



A.A.W.S., Inc., P.O. Box 459, Grand Central Station, New York, NY 10163
 C.M.I.A. 32, % Tracey Gwinn, PO Box 144, Weidman, MI 48893-0144
 F.A.U.C., P.O. Box 465, Flint, MI 48501

PROFANITY in A.A. meetings was addressed in the April 1944 Central Bulletin in an article titled "Group Behavior." It said in part:

"We believe that obscene or off-color stories as well as foul language are entirely out of place in our meetings which are opened and closed with a prayer. It is scarcely believable that such incidents are customary in any group and we feel sure that abuses will be corrected by the leaders of the offended and offending groups. It would be a good thing for us all to check not only ourselves, but our group's attitude. Let's apply the four absolutes." **Honesty- Unselfishness-Love-Purity.** (From the Cleveland Central Committee of A.A., date unknown).

There are several places in Dr Bob and the Good Oldtimers where reference is made to Bob's strong opinions about foul language in AA meetings. One of the best is on page 224 (bottom paragraph).

"And if he was sitting at a meeting and a man used bad language, Dr. Bob would say, 'You have a very good lead, young man, but it would be more effective if you cleaned it up a bit.'" (Reprinted by permission from A.A.W.S.)

Wall signs at some of our local meetings say; 'The Continuous Use Of Profanity Shows An Unwillingness To Change'. Another says; "The lack of profanity offends no one."

Another says, "Profanity is not a sign of spiritual growth."

From another friend of Bill W.

"It seems to me that language at meetings is deteriorating, especially the use of the F-"word, "MF" or "SofaB"...When foul language becomes almost every other word...Houston we have a problem. ... We say in the Twelfth Tradition that our foundation is spiritual; we are seeking to be better people, more respectful and caring; do such aspirations square with indiscriminate use of expletives? ...Today I have a sense of what a spiritual program sounds like. "

From the Newsletter Editor

If you would like to receive the Newsletter via email, then email to farfromtoday@aol.com

to submit your request.

Heard in a meeting;
 The 12 Steps are simply suggestions. So is pulling the parachute ripcord when jumping out of an airplane.

Heard in a meeting; A Spiritual Awakening is authentic.

These folks could've used A.A. to better themselves, (maybe):
 "He is a self-made man and worships his creator."
 (John Bright).

"I've just learned about his illness. Let's hope it's nothing trivial."
 (Irvin S. Cobb)

"I have never killed a man, but I have read many obituaries with great pleasure."
 (Clarence Darrow)

"I didn't attend the funeral, but I sent a nice letter saying I approved of it."
 (Mark Twain)