



The F.A.U.C. Website is [www.geneseecountyaa.org](http://www.geneseecountyaa.org)  
Newsletter at <https://geneseecountyaa.org/f-a-u-c-newsletter>

The A.A.W.S. licensed Smart Phone Meeting Guide app  
has Flint Area A.A. Meetings and is free at the app store.

**GOD is my boss  
and I am His  
employee. I am  
thankful for my  
salary called  
life, with  
benefits called  
blessings.**

**Amen** Thanks  
Lisa M-T



“He uses his gifts to build up a bright outlook for his family and himself, and then pulls the structure down on his head by a senseless series of sprees. He is the fellow who goes to bed so intoxicated he ought to sleep the clock around.”

(I missed work again??? - !!!)  
Alcoholics Anonymous, 4<sup>TH</sup> ED,  
THERE IS A SOLUTION, p. 21.

“We had a new employer. Being all powerful, He provided what we needed, if we kept close to Him and performed His work well. Established on such a footing we became less and less interested in ourselves, our little plans and designs. More and more we became interested in seeing what we could contribute to life, As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow, or the hereafter.”

Alcoholics Anonymous, 4<sup>th</sup> ED,  
HOW IT WORKS, p.63.

Quotes reprinted with A.A.W.S. permission.

**8 YEARS, 96 MONTHS, 2,920 DAYS,  
70,080 HOURS, 4,204,800 MINUTES.**

The task of producing the F.A.U.C. Newsletter is endearing and speaks of our Unity and Welfare for others by Carrying The Message. To all who have helped the last 8 years; (You know who you are!) **THANK YOU!** Keep coming back!

“Cause I've reached out for you  
When the thunder is crashing up above  
You've given me your love  
When you smile like the sun  
That shines through the rain  
That's why I'll be there...

“I will stand like a rock  
I will bend 'til I break  
'Til there's no more to give  
If that's what it takes.”

Credit to IF THAT'S WHAT IT TAKES by  
Michael McDonald, 1982.

We call it CARRY THE MESSAGE. And if that's what it takes, then we are so grateful to do so. The Fellowship has been extremely supportive and helpful in this endeavor.

“My love is strong, with you there is no wrong  
Together we shall go until we die, my, my, my  
Inspiration's what you are to me  
Inspiration, look 'n' see.”

Credit to THANK YOU by Led Zeppelin, 1969.

### STEP NINE

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”<sup>1</sup>

Definitions of “direct”:

- ☀ Without intervening factors or intermediaries,
- ☀ Going straight to the point; frank.

This means that we do it alone, and stick to the facts; no embellishing or fabrications; stick to the truth.

(“...analyze the past as we now see it, being very careful not to criticize them. Their defects may be glaring, but the chances are that our own actions are partly responsible.”<sup>2</sup>

Definitions of “amends”:

- ☀ Make better; improve, ☀ Put right.

This means we are going to atone for past behaviors where we have been resentful, envious, etc. The Seven Deadly ‘sins’ can be used as a guide to know why we are approaching someone, so the exercise be ready has been accomplished.

The seven deadly sins:

1. WRATH
2. GREED
3. LUST
4. PRIDE
5. SLOTH
6. GLUTTONY
7. ENVY



(Continued on page 2).

<sup>1</sup> Alcoholics Anonymous, 4<sup>th</sup> ED, HOW IT WORKS, p. 59.

<sup>2</sup> Alcoholics Anonymous, 4<sup>th</sup> ED, INTO ACTION, p. 83.

(Continued from page 1).

### STEP NINE

Define atone:

- ☼ Make amends or reparation.

So amends can require physical means; for example, replace items, money that came up missing due to our actions, even a wrecked car.

Be careful when making amends; calling it being in the right place at the right time is indisputable. Opening old wounds too early can negate our good intentions and create harm. As with all other Steps however, remain willing to do so at the first opportunity. The postponement of an amend does not help ourselves. “The rule is we must be hard on ourself, but always considerate of others.”<sup>4</sup>

“Good timing is important in making amends.”<sup>3</sup> Understand the situation, “That will arise in the occasional situation where to make a full revelation would seriously harm the one to whom we are making amends.”<sup>5</sup> Careful prayer and meditation here is paramount in understanding are we creating more harm than good, confiding in a trusted source beforehand is desirable when in doubt.



<sup>3</sup> Twelve Steps and Twelve Traditions, CONTENTS, Step Nine, p. 7.

<sup>4</sup> Alcoholics Anonymous, 4<sup>th</sup> ED, INTO ACTION, p. 74.

<sup>5</sup> Twelve Steps and Twelve Traditions, Step Nine, p. 86.

### TRADITION NINE

“A.A. as such, ought never be organized: but we may create service boards or committees directly responsible to those they serve.”<sup>6</sup> (Short Form).

“Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee and the group of a large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our public relations and they guarantee the integrity of our principal newspaper, A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles, they do not govern. Universal respect is the key to their usefulness.”<sup>7</sup> (Long Form).

Tradition Nine points out details of A.A. Unity.

- 1) The least possible organization.
- 2) The goal is Rotating Leadership
- 3) Small Groups need elections of special workers. (Greeter, Chair, Secretary & Treasurer).
- 4) Officers are Trustees of the A.A. Traditions.
- 5) The Officers receive voluntary A.A. contributions for the groups.
- 6) Officers handle Public Relations; and Newsletter integrity, (by Committee elections).
- 7) Officers are but Trusted Servants with no real authority, they do not govern.
- 8) “We shall be in continual need of these same attributes – tolerance, responsibility, flexibility, a vision – among our leaders of A.A. service at all levels.”<sup>8</sup>

<sup>6-7-8</sup> The A.A. Service Manual combined with Twelve Concepts for World Service, 2021 – 2023 Edition, <sup>6</sup> p. 101, Short Form, <sup>7</sup> p. 102, Long Form, <sup>8</sup> CONCEPT IX, p, C31.

#### FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

- 1) To promote Unity among Flint Area A.A., and harmony with Al-Anon and Ala-teen groups.
- 9) The Council will create service committees and be financially responsible for them.

The entire **F.A.U.C. Aims and Purposes with Election Procedures** is on the website [www.geneseecountyaa.org](http://www.geneseecountyaa.org).

The circle/triangle symbol of A.A. that was used for many years has been removed from this Newsletter in accordance with the following statement by A.A. “In 1993, Alcoholics Anonymous World Services, Inc. announced that official use of all of the several circle/triangle trademarks and service marks was being discontinued.”

From “THE A.A. SERVICE MANUAL combined with TWELVE CONCEPTS FOR WORLD SERVICE” 2021- 2023 by Bill W. page 64, reprinted by permission of A.A.W.S. Please read paragraph seven on page 64 to understand this change.

## CONCEPT NINE

“The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.”<sup>11</sup> (Short Form).

“The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.”<sup>12</sup> (Long Form).

“...our Trustees bear the primary responsibility for the good conduct of all our world service affairs...”<sup>13</sup>

“...the Board cannot possibly manage and conduct in detail; it must delegate its executive function. Hence the Board’s attitude has to be that of custodial oversight; it cannot be the executive.”<sup>14</sup>

“Except to mediate difficult situations and to see that the service corporations operate within their budgets and within the general framework of A.A. and Headquarters policy, the Board will seldom need to do more, so far as routine service operations are concerned.”<sup>15</sup>

“This concept continues the defining of responsibilities and authority begun in the earlier concepts. It limits the role of the Trustees in the A.A. Grapevine, Inc. and A.A. World Services, Inc. to the kind of oversight achieved by electing the directors of those independent entities, but essentially discouraging them from playing day-to-day roles as active administrators or executives of those companies.”<sup>16</sup>

<sup>11, 12</sup> The A.A. Service Manual combined with Twelve Concepts for World Service, 2021 – 2023 ED, TWELVE CONCEPTS FOR WORLD SERVICE, (Short Form), p. IV, (Long Form), p. V.

<sup>13, 14, 15</sup> The A.A. Service Manual combined with Twelve Concepts for World Service by Bill W., 2021 2023 Edition, page C24.

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<sup>16</sup> From: <https://www.tapatalk.com/groups/recoveryinn/12-concepts-explained-t4286.html>



## NO GLUM LOT HERE



A pastor asked an older farmer, decked out in bib overalls, to say grace for the morning breakfast.

"Lord, I hate buttermilk", the farmer began. The visiting pastor opened one eye to glance at the farmer and wonder where this was going.

The farmer loudly proclaimed, "Lord, I hate lard." Now the pastor was growing concerned.

Without missing a beat, the farmer continued, "And Lord, you know I don't much care for raw white flour".

The pastor once again opened an eye to glance around the room and saw that he wasn't the only one to feel uncomfortable.

Then the farmer added, "But Lord, when you mix them all together and bake them, I do love warm fresh biscuits. So Lord, when things come up that we don't like, when life gets hard, when we don't understand what you're saying to us, help us to just relax and wait until you are done mixing. It will probably be even better than biscuits. Amen."



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**LOVE IT !!!**

**Ned & Jed**

Hey'ya Jed, do ya understand delegating is part of leadership in A.A.?

As far as the Chopper Board goes, sure. They can't do it all.

So at the meeting level, do ya see the chair needs help?

They can't do it all alone?



In the group conscience all officers of the choppers group are elected, thereby delegating responsibilities of the group. Think of our secretary, treasurer, greeter and coffee maker.

All these things may be due to just rotating volunteers, but the secretary and treasurer have to have not only chopper history, but be nominated and elected. Other group tasks are taken care of by volunteers. And it is good to get newcomers involved in service work early. Greater chance of their feeling a part of the group; useful to others helps change attitudes. So in a great way, delegating fosters common welfare and personal recovery creating unity within the group as per the Choppers 1<sup>st</sup> Tradition. That's a lot of thought on including all of us to contribute. I sure can be a part of that!



**F.A.U.C. Committees; Officers & Chairs.**

Committee Chairs with names. (Visit the website [www.geneseecountyaa.org](http://www.geneseecountyaa.org) to email the F.A.U.C.).

**F.A.U.C. Chair:** Jim M.

**F.A.U.C. Secretary:** Sandra C.

**Pass The Hat Assoc. Treasurer (P.T.H.A.):** Steve C.

**Al-Anon Liaison:** OPEN.

**Accessibility for All Alcoholics:** Brad S.

**A.A. Answering Service:** Gordon G.

**C.P.C. - Cooperation with the Professional Community:** Gerri L.

**Corrections:** Jacob F.

**Grapevine:** Monica R.

**Literature/Meeting Books/Newsletter:**

James P. / Doug G.

**P.I. - Public Information:** Randy R.

**Treatment:** Moe M. **Website:** Nick E.

**Young People:** Jason J.

**F.A.U.C. Newsletter**

Editor: Doug G. Coeditor: Randy H.

The September 2023 Newsletter went to 234 emails, August had 75 Website Hits = 309 readers.

**2023 F.A.U.C. Meetings; Date: Place: Host Group.**

**Next F.A.U.C. Meeting:** Meetings are on the 3<sup>rd</sup> Saturday of the month at 12:30 pm for the General Assembly. **Host groups are encouraged to Host at their location** (but will meet at St. Mary's School if needed).

January 21: St. Mary's School; Eastside A.A. Grp.

February 18: St. Mary's school, F.A.U.C.

March 18: St Johns 435 Genesee St. Davidson, Davison Fellowship Friday Night Group.

April 15: Thetford Senior Center, G-11495 N. Center Rd. Clio; Thetford A.A.

May 20: St. Bartholomew, 9252 Miller Rd. Swartz Creek, Swartz Creek A.A.

June 17: St. Mary's School, 2600 N. Franklin, Flint, Oak Park.

July 15: St. Mary's School, 2600 N. Franklin, Flint, Eye Opener.

August 19: Van Slyke Group.

September 16: Fenton Alano Club, 800 North Rd. New Horizons

October 21: St Mary's school, 2600 N, Franklin, Flint, Women in A.A.

November 18: St. Francis; Quaderer Hall, 212 Center St, Otisville, Otisville A.A.

December 16: St. Mary's School; 2600 N, Franklin, Flint, Eastside A.A. Grp.

**Hear Ye, Hear Ye!!!**

**Group NEWS**

The F.A.U.C. meets September 16, 2023 at 11:30 AM for Committee Meetings, 12:30 PM for General Assembly Fenton Alano Club, 800 North Rd. Fenton, New Horizons, CMIA32: October 1, 2023 at the Tribal Gym, 7070 E. Broadway Rd, Mt Pleasant MI 48858. (No flyer yet).

\* Sept 10, Sun, District 10 Picnic.

\* Sept. 16, Sat, at Fenton Alano Club, 800 North Rd., Fenton. F.A.U.C. – DIST 12 “The History of A.A. and it’s Journey to Michigan”. Movie at 2:30, Presentation at 3:30.

\* Sept. 16, Sat, the RAUCTION 2.0, Flint Alano House, 1 PM - ??? .

\* Sept, 24, Sun, 6 PM, Open Talk, Otter Lake A.A.

\* Mackinaw Island Fall Weekend – Oct. 20 -22, 2023.

- 1) Fenton Alano 5 PM meeting has a dinner before meetings on 2<sup>nd</sup> & 4<sup>th</sup> Sundays May 1<sup>st</sup> to Oct. 1<sup>st</sup>.
- 2) The New Years Eve Dinner/Dance on 12/31/23.
- 3) F.A.U.C. will host the CMIA32 meeting on 12/3/23.

\* = Flyer at end of Newsletter.

Group wants a Newsletter announcement? Email [farfromittoday@aol.com](mailto:farfromittoday@aol.com) by the 20<sup>th</sup> of the month.

The F.A.U.C. Newsletter is looking for articles & ideas. Request a Newsletter by email: [farfromittoday@aol.com](mailto:farfromittoday@aol.com)

\* = Addresses of Locations can be found in the 2023 Flint Area Groups Meeting Book or on the website [www.geneseecountyaa.org](http://www.geneseecountyaa.org) under the Meetings Tab.

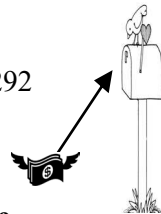
- Fri 1 12 noon, Eye Opener, Arid Club.
- Sat 2 7:30 pm, East Side St. Mary's.
- Sun 3 6:00 pm, Torrey Rd. Group, Arid Club.
- Thu 7 7:00 pm, Van Slyke.
- Sat 9 7:30 pm, East Side St. Mary's.
- Sun 10 6:00 pm, Torrey Rd. Group, Arid Club.
- Sat 16 7:30 pm, East Side St. Mary's.
- Sun 17 6:00 pm, Torrey Rd. Group, Arid Club.
- Thu 21 7:30 pm, Swartz Creek Group, St. Bartholomew.
- Sat 23 7:30 pm, East Side St. Mary's.
- Sun 24 6:00 pm, Torrey Rd. Group, Arid Club.
- Mon 25 7:00 pm, Montrose HOPE.
- Sat 30 7:00 pm, Thetford
- Sat 30 7:30 pm, East Side St. Mary's.

**A.A Treasurer's addresses:**

**G.S.O.** P.O. Box 2407, James A. Farley Station, New York, NY 10116-2407

**CMIA 32 Treasurer** c/o Ed LaLonde  
527 Handy Drive, Bay City, MI 48706-4292  
(For F.A.U.C.)

P.T.H.A, Inc. 4225 Miller Rd. Suite 119, Flint, MI 48507. Please make checks payable to **Pass The Hat Association, Inc.**



Thanks, and being Grateful to A.A.!!!!  
I have not been on a 1<sup>st</sup> name basis in many years with these folks.

Alcoholics Anonymous is a Fellowship of like minded people. Certainly we all have that feeling, whether we hang out personally with others outside our meetings or not.

So then, Step 9, Tradition 9, and Concept 9 have commonality also.

Step 9: “Made direct amends to such people wherever possible, except when to do so would injure them or others.”<sup>1</sup> *ibid*

Tradition 9: “A.A. as such, ought never be organized: but we may create service boards or committees directly responsible to those they serve.”<sup>6</sup> *ibid*

Concept 9: “The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.”<sup>11</sup> *ibid*

Let us look at some of the **Promises** of these principles. Not referring to what are known as the Ninth Step Promises, here’s another example for Step Nine. Once we have begun direct amends we find it rewarding.

“This atmosphere of approval and praise is apt to be so exhilarating as to put off balance by creating an insatiable appetite for more of the same...But if we have prepared ourselves well in advance, **such reactions will not deflect us from our steady and even purpose.**”<sup>17</sup>

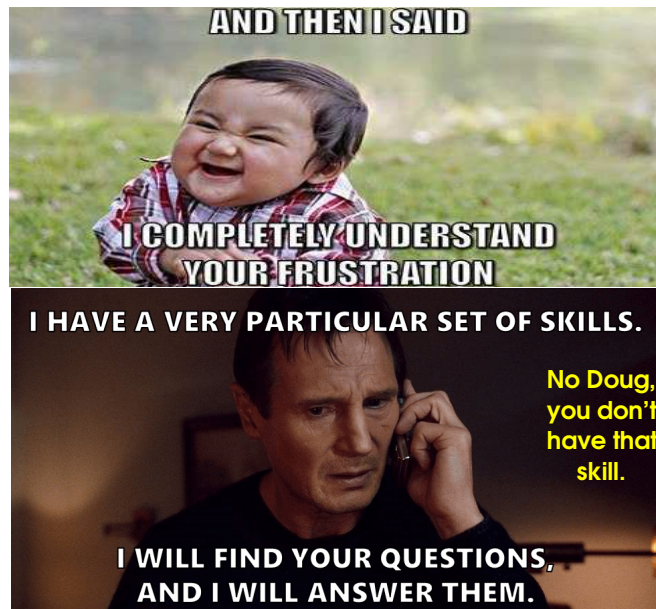
A Tradition Nine Promise: “So we of A.A. do obey spiritual principles, first because we must, and ultimately because we love the kind of life such obedience brings. Great suffering and great love are A.A. disciplinarians; **we need no others.**”<sup>18</sup>

A Concept Nine Promise: “No matter how carefully we design our service structure of principles and relationships, no matter how well we apportion authority and responsibility, **the operating results of our structure can be no better than the personal performance of those who must man it and make it work.**”<sup>19</sup>

So Step Nine has a specific purpose that is part of our growth to amends for the past and becoming a person more useful to those about us. We have the solace of becoming this better person through exercising the Ninth Tradition providing us the knowledge that we are our own disciplinarians through great pain and love. “... pain was the touchstone of all spiritual progress.”<sup>20</sup> The Ninth Concept supplies us with the knowledge that we have become this person who can be useful to others through the working of the service structure of A.A.

This service structure has but one Primary Purpose; “... to stay sober and help other alcoholics achieve sobriety.”<sup>21</sup>

Adjusting to the ways of others, being open-minded helps us tremendously from being as Bill W. said; “But soon the sense of His presence had been blotted out by worldly clamors, mostly those within myself.”<sup>22</sup> This attitude adjustment makes us worthy of change; what attitude? Recognizing the presence of God in all our daily affairs. It tells us in Step 12; “... to carry this message to alcoholics, and practice these principles in all our affairs.”<sup>23</sup>



<sup>17</sup> Twelve Steps and Twelve Traditions, STEP NINE, p. 85.

<sup>18</sup> Twelve Steps and Twelve Traditions, TRADITION NINE, p. 174.

<sup>19</sup> THE A.A. SERVICE MANUAL combined with TWELVE CONCEPTS FOR WORLD SERVICE by Bill W. 2021 – 2023 ED, CONCEPT IX, p. C27.

<sup>20</sup> Twelve Steps and Twelve Traditions, STEP TEN, p. 93.

<sup>21</sup> From the A.A. Preamble, last sentence.

<sup>22</sup> Alcoholics Anonymous, 4<sup>th</sup> ED, BILL’S STORY, pp. 12, 13.

<sup>23</sup> Alcoholics Anonymous, 4<sup>th</sup> ED, HOW IT WORKS, p. 60.

810-234-0815; Flint Area A.A. 24/7 Helpline.

To find a meeting, scan this QR code into your phone for immediate information on meetings, days, and times in this area.





Heard it  
**'Round the  
Rooms!**



**WHEN I FIRST GOT HERE, I WAS TORE UP FROM THE FLOOR UP!!!**

**On the 1<sup>st</sup> Step (to a newcomer);  
Go home and write down what is unmanageable in your life.  
Then think about what is unmanageable due to alcohol.  
This can help you understand the Powerless of alcohol on you.**

**I heard some people die a natural death,  
so I quit drinking natural wines because I didn't  
want to hasten the process. Seems to be working so far.**

**You might be a Redneck if you think LOL  
Means Low On Liquor.**

**I was watching a show called "12 Steps to Avoiding a Shark Attack".  
I was really surprised that "Stay out of the water" was not only not  
included in any of the steps, but wasn't Step 1 to begin with!**

**"Some of us have taken very hard knocks to learn this truth: Job or no job -- wife or  
no wife -- we simply do not stop drinking so long as we place dependence upon  
other people ahead of dependence on God."**

**Alcoholics Anonymous, 4<sup>th</sup> ED, WORKING WITH OTHERS, p. 98.**

**"When we saw others solve their problems by a simple reliance upon  
the Spirit of the Universe, we had to stop doubting the power of God."**

**Alcoholics Anonymous, 4<sup>th</sup> ED, WE AGNOSTICS, p. 52.**

**"There will be a day you confess the sin you struggle with for the last time..." Fr. Joe  
K.**

**The 5<sup>th</sup> Step: "Admitted to God, to ourselves, and to another human being, the exact**



# *The Wisdom of the Rooms*

## *12 Months of Reflections for People in Recovery*

September 4, 2023

### Quote of the Week

**"The degree of my anxiety is a measure of my distance from God."**

Anxiety used to be the master of my life. Without a relationship with God, I faced life alone and was in constant fear of not getting my needs met or of losing something I had so desperately fought to get. The past was a constant source of regret and shame, and the future was filled with countless unknown dangers that would surely overwhelm me. All of this made the present intolerable.

When I entered recovery, I brought my constant obsession with the past and future into the rooms with me. Thankfully, my sponsor taught me about living one day at a time, and he showed me that this was where I would find God—today, right here, right now. He told me that if I could get present, and thus be in the presence of God, my anxiety would go away.

This was simple advice, but not so easy to follow. The more I worked at practicing it, though, the more I found it to be true. Over the years, I've discovered that the more I use the tools of the program—prayer and meditation, pausing and asking for God's guidance, and acknowledging in the moment that God is here—the more I find myself in the peace and serenity of God's presence. Today, I use the degree of my anxiety to measure my distance from God.

**"As their grief and anxiety wear away, a subtle change begins."**

***Twelve Steps & Twelve Traditions, TRADITION TWO, p.135.***

**"They will tell how they tried to carry the load alone; how much they suffered of irritability, anxiety, remorse, and depression; and how, unconsciously seeking relief, they would sometimes accuse even their best friends of the very character defects they themselves were trying to conceal."**

***Twelve Steps and Twelve Traditions, STEP FIVE, p. 56.***

**"To those of us who have hitherto known only excitement, depression, or anxiety – in other words, to all of us -- this newfound peace is a priceless gift."**

***Twelve Steps and Twelve Traditions, STEP SEVEN, p. 74.***

*All quotes used  
with A.A.W.S.  
permission.*

**▲Daily Acceptance**

"Too much of my life has been spent in dwelling upon the faults of others. This is a most subtle and perverse form of self-satisfaction, which permits us to remain comfortably unaware of our own defects. Too often we are heard to say, 'If it weren't for him (or her), how happy I'd be!'"

<<<<<<>>>>>>

Our very first problem is to accept our present circumstances as they are, ourselves as we are, and the people about us as they are. This is to adopt a realistic humility without which no genuine advance can even begin. Again and again, we shall need to return to that unflattering point of departure. This is an exercise in acceptance that we can profitably practice every day of our lives.

Provided we strenuously avoid turning these realistic surveys of the facts of life into unrealistic alibis for apathy of defeatism, they can be sure foundation upon which increased emotional health and therefore spiritual progress can be built.

1. *LETTER, 1966*

2. *GRAPEVINE, MARCH 1962*

AS BILL SEES IT, p. 25. Reprinted with A.A.W.S. permission.

"Their defects may be glaring, but the chances are that our own actions are partly responsible."

Alcoholics Anonymous, 4<sup>th</sup> ED, INTO ACTION, p. 83.

"We had made the invention of alibis a fine art."

Twelve Steps and Twelve Traditions, STEP FOUR, p. 46.

"Some will object to many of the questions posed, because they think their own character defect have not been so glaring."

Twelve Steps and Twelve Traditions, STEP FOUR, p. 53.

"But there is another kind of hangover which we all experience whether we are drinking or not. That is the emotional hangover, the direct result of yesterday's and sometimes today's excesses of negative emotion -- anger, fear, jealousy, and the like."

Twelve Steps and Twelve Traditions, STEP TEN, p. 88.

"We claim spiritual progress rather than spiritual perfection."

Alcoholics Anonymous, 4<sup>th</sup> ED, HOW IT WORKS, p. 60.



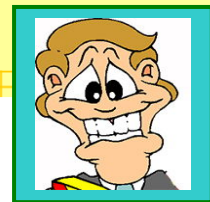
Quoted often by Bob Woodard (RIP).

**BE CAREFUL OF  
THE WORDS YOU SAY,  
KEEP THEM  
SHORT AND SWEET.  
FOR YOU NEVER KNOW  
FROM DAY TO DAY,  
WHICH ONES  
YOU'LL HAVE TO EAT.**

*The coffee pot at your local 12 Step meeting has done more to combat alcohol than the entire DEA.*



**DOUG TOLD ME THE  
ELECTRIC SOCKET  
TASTED LIKE TUNA.  
BEWARE OF DOUG!  
(BEWARE of Karma Doug).**

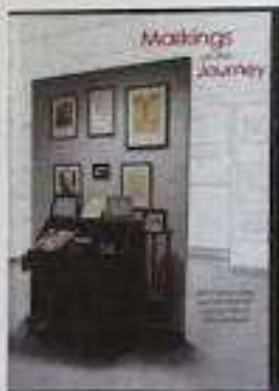


# Flint Area Unity Council District 12 Presents

## The History of A.A. and it's Journey to MICHIGAN

Presentations are to follow F.A.U.C. Business meeting Approx: 2:30

MOVIE: Markings on the Journey... 30 minutes long  
Presentation and displays by Area 33 Archivist: Bill T.  
Dinner to Follow



September 16th 2023  
Movie at 2:30  
Presentation: 3:30

FENTON ALANO CLUB  
800 North Road  
Fenton, MI.



# MACKINAC ISLAND FALL WEEKEND

## October 20-22, 2023

<p><b>Name:</b> _____</p> <p><b>Phone:</b> (    ) _____</p> <p><b>Address:</b> _____</p> <p>_____</p> <p><b>Email:</b> _____</p> <p><b>Rooming With:</b> _____</p> <p><b>Saturday Evening Menu Selection:</b> (check one)</p> <p><input type="checkbox"/> Chicken Piccata</p> <p><input type="checkbox"/> Seared Salmon</p> <p><input type="checkbox"/> Stuffed Pork Loin</p> <p><input type="checkbox"/> Vegetable Napoleon</p> <p><b>Yes, I'm willing to be on a panel!</b> (check one)</p> <p><input type="checkbox"/> AA</p> <p><input type="checkbox"/> Alanon</p> <p><input type="checkbox"/> Either</p>	<table border="1"> <thead> <tr> <th></th> <th>Quantity</th> <th>Total \$</th> </tr> </thead> <tbody> <tr> <td><b>Weekend Registration</b> \$45 Each (add \$10 after August 1)</td> <td style="text-align: center;">1</td> <td></td> </tr> <tr> <td><b>Zip Hoodie - \$50</b> Circle one: S M L XL 2X 3X add \$3 for 2X/3X</td> <td></td> <td></td> </tr> <tr> <td><b>Baseball T - \$30</b> Circle one: S M L XL 2X 3X add \$3 for 2X/3X</td> <td></td> <td></td> </tr> <tr> <td><b>Long Sleeve T-Shirt- \$25</b> Circle one: S M L XL 2X 3X add \$3 for 2X/3X</td> <td></td> <td></td> </tr> <tr> <td style="text-align: right;"><b>Total:</b></td> <td></td> <td></td> </tr> </tbody> </table> <p><i>Please do not send the hotel reservation \$\$ with your registration. Send only what is indicated above.</i></p> <div style="border: 1px solid black; padding: 5px;"> <p>Method of Payment: Cash ____ Check # ____              Make checks payable to Lansing Central AA              1915 E. Michigan Ave. Ste D, Lansing, MI 48912</p> </div>		Quantity	Total \$	<b>Weekend Registration</b> \$45 Each (add \$10 after August 1)	1		<b>Zip Hoodie - \$50</b> Circle one: S M L XL 2X 3X add \$3 for 2X/3X			<b>Baseball T - \$30</b> Circle one: S M L XL 2X 3X add \$3 for 2X/3X			<b>Long Sleeve T-Shirt- \$25</b> Circle one: S M L XL 2X 3X add \$3 for 2X/3X			<b>Total:</b>		
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Rates are \$742.86 single occupancy, \$422.75 double occupancy, \$335.88 triple occupancy, and \$292.45 quad occupancy. Included are two nights at the resort, dinner on Saturday, round trip luggage transfer from Mackinaw City or St. Ignace and all service charges and taxes. **Rates are guaranteed through July 22, so make your reservations before the deadline.**

1. Fill out the form above (**one per attendee**)
2. Mail or hand deliver it to LCAA along with your **registration fee and merchandise payment**
3. When you receive your confirmation email from LCAA, call Mission Point to reserve your room

SHIRT DESIGN ON BLACK SHIRT



AA & Al-Anon Speakers · Fellowship · Panel Discussions · Fireside Meetings  
 Presented by Lansing Central AA · 517-377-1444

**October 1, 2023,  
CMIA 32 Meeting  
Location**

—

**No Flyer Yet.**

**The Tribal Gym  
7070 E. Broadway Rd  
Mt Pleasant MI 48858**

# OTTER LAKE A.A. OPEN TALK

September 24, 2023, 6:00 PM  
St. John the Baptist Episcopal Church  
5811 Forest Ave., Otter Lake



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**IT'S ALL ABOUT  
RECOVERY!!!**

**AN OPEN A.A. MEETING.  
EVERYONE IS WELCOME!!!**



(Speaker is Stanley P.).

***Come Join Us for Fellowship!***

**Wednesday Nights at 7**

**AA**

***Bonfire Meeting***

**FAITH CHURCH  
302 WALNUT ST. GAINES, 48436**

**Come Early at 6:30 for  
Snacks and Beverages  
Bring Your Favorite Chair**

**Additional information:  
Cindy G. 810-523-8451  
Phil F. 810-701-5566**



# THE RAUCTION 2.0

ROCK AND ROLL

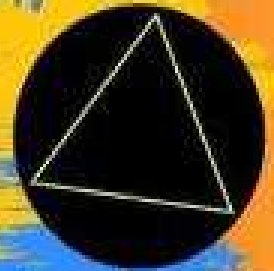
MEETS AUCTION

LIVE MUSIC

PRIZES

FOOD FUN

50/50 RAFFLE



A FUNDRAISING EVENT  
TO SUPPORT  
THE FLINT ALAMO



SEPTEMBER 16TH

DOORS 1:00  
SPEAKER 2:00  
AUCTION 4:00  
MUSIC 7:00

COLONEL REBBEARD  
HEART OF  
GOLD AUCTIONEER

DONATIONS FOR THE AUCTION  
ACCEPTED AND APPRECIATED

ANY QUESTIONS PLEASE  
CALL  
8102874622

2608 MAPLEWOOD AVE. FLINT, MI 48506

# Picnic Time

Shiacoaa (District10 Area32)

at

Bentley Park

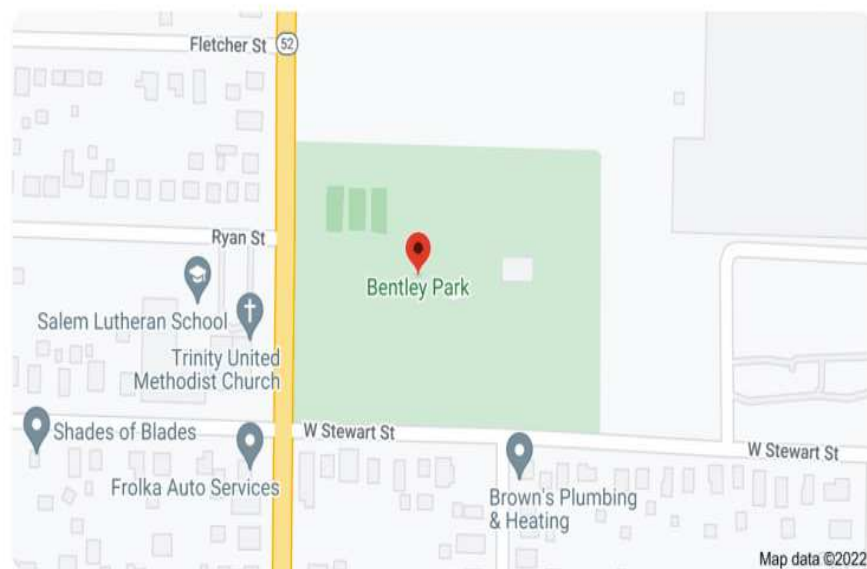
623 S. Shiawasse St. Owosso

Sunday September 10, 2022

Fellowship 11:30/Dinner at 1pm.

District meeting held 1 hour before

Free and open to all AA members and their friends and family. Large covered pavilion. Burgers and hotdogs will be provided. Please bring kids, spouses, friends, games, a good appetite and a passing dish. There will be a 50/50 raffle. See you there!



Bentley Park