

~ ~ - Newsletter - ~ ~

The F.A.U.C. Website is www.geneseecountyaa.org
Newsletter at <https://geneseecountyaa.org/f-a-u-c-newsletter>

The A.A.W.S. licensed Smart Phone Meeting Guide app
has Flint Area A.A. Meetings and is free at the app store.

HAD TO HAVE HIGH
HIGH HOPES FOR A LIVING
DIDN T KNOW HOW
BUT I ALWAYS HAD A FEELING
I WAS GONNA BE
THAT ONE IN A MILLION
ALWAYS HAD HIGH HIGH HOPES
HIGH HIGH HOPES

"High Hopes ", Panic! at the Disco, May 23, 2018.

"HERE COMES THE SUN
HERE COMES THE SUN
AND I SAY,
"IT'S ALRIGHT!"

"Here Comes The Sun",
Beatles, September, 26, 1969.



"It's a new dawn, it's a new day, it's a new life
for me, and I'm feeling good."¹

The New Year is upon us. The Fellowship is now
in its 89th year. Yet, this is nothing more than a new
beginning for all of us – newcomer and people of
experience both. What can we learn about new
beginnings in the A.A. Literature? Several things: all
important to keep in mind for all of us;

"Every new alcoholic looks for this spirit among
us and is immensely relieved..."²

"You will be bound to them with new and
wonderful ties, for you will escape disaster together
and you will commence shoulder to shoulder your
common journey."³

"How dark it is before the dawn!"⁴

"Realization dawns that he is but a small part of a
great whole; that no personal sacrifice is too great for
preservation of the Fellowship."⁵

"We ask simply that throughout the day God
place in us the best understanding of His will that we
can have for that day, and that we be given the grace
by which we may carry it out."⁶

"Some day he will be unable to imagine life either
with alcohol or without it."⁷

"That feeling of uselessness and self-pity will
disappear."⁸

"It is joyous intimacy with friends and a feeling
that life is good."⁹

"The night is darkest just
before the dawn.
And I promise you,
the dawn is coming."

-Batman

- ¹ "Feeling Good" By Nina Simone, 1965, (Originally from the 1964 musical The Roar of the Greasepaint—The Smell of the Crowd).
- ² Alcoholics Anonymous, 4th ED, WORRRKING WITH OTHERS, p.103
- ^{3,7} Alcoholics Anonymous, 4th ED, A VISION FOR YOU, p. 152.
- ⁴ Alcoholics Anonymous, 4th ED, BILL's STORY, p. 8.
- ⁵ Twelve Steps and Twelve Traditions, TRADITION ONE, p. 130.
- ⁶ Twelve Steps and Twelve Traditions, STEP ELEVEN, p.102.
- ⁸ Alcoholics Anonymous, 4th ED, INTO ACTION, p.84.
- ⁹ Alcoholics Anonymous, 4th ED, A VISION FOR YOU, p. 151.

STEP ONE

“Admitted to ourselves that we powerless over alcohol, that our life had become unmanageable.”¹⁰

We have seen *HOW* this works in others and our self on a daily basis. It works different for everyone provided *WE* have the *Honesty, Openmindedness, and Willingness* to be part of a new luxurious lifestyle. Oh, it is not the material riches we sometimes yearn for to acquire; it is “We had lacked the perspective to see that character-building and spiritual values had to come first, and that material satisfactions were not the purpose of living.”¹¹

“Outlook upon material matters changes.”¹² This is a Promise of the Twelfth Step. One might ask, why are quotes from the Seventh and Twelfth Steps being brought up now? It is to convey experience, strength, and hope in the future for you, us, myself, others, another, and everybody with a desire to stop drinking.

Now let me tell you, I had no problem with the First Step. I ignored it at will, repeatedly for more years than anyone cares to remember whom thinks there has been progress made in my thoughts, actions, and deeds. Those that don’t can have their own world, mine is a different set of circumstances, will, and behavior. “We rest quietly with the thoughts of someone who knows, so that we may experience and learn.”¹³

And just who is that that knows? Our selves and God. Of course many others know of our escapades, sprees, and acting out demoralizing, humiliating debaucheries. Some way more than others. Working with victims of our past will only get us dwelling in the past with a hurt soul, not someone with the way out, other than the sage advice of “just quit drinking”. That didn’t work in that way for me, and more than likely, if you’re reading this, not for you either.

So in our new found *HOW*; to totally, with certainty, ascertain our self, we turn to the One Who Has All Power. In the humility of looking at our self from a new perspective, from knowing consequences, some harsh, some never forgiven, we decide that the needed appraisal of our self and past times is due.

I work with a newcomer in this fashion: Make one

column and list all the things unmanageable in your life. It may be short or longish, but it is what it is. Now put a checkmark next to each of them that is caused by your drinking, maybe the excess of alcohol, maybe the abuse of alcohol.

An example drawn from my own experience.

✓	I was tardy, or missed work.
✓	Missed bill payments.
✓	Had a mean and nasty mouth at times.
✓	Forgot where I left last night’s bottle.
✓	Said if you’d leave me alone; there is no problem.
✓	I can quit drinking whenever I want to.
✓	Jail is a character builder take a look at me, I’m okay.
✓	That DUI? I was in the wrong place at the wrong time.
✓	The kids will be fine, I see them when I can.
✓	Well, it’s not my fault you don’t drink.
✓	I won’t lose my friends over drinking.
✓	A.A. won’t work for me, I don’t need it either.

The above table points out unmanageability in my life caused by my drinking, maybe the excess of alcohol, maybe the abuse of alcohol.

“We learned that we had to concede to our innermost selves that we were alcoholics. This is the first step in recovery. The delusion that we are like other people, or presently may be, has to be smashed.”¹⁴ “The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker.”¹⁵

It does not say, “that we can drink like other people...” Realistically, we can not. An admission of two things is needed at this point: the phenomena of craving, and the mental obsession.

First: we have no control over our intake; that is the rule, not the exception. Second: wasting precious time planning, excusing our next drink; but past consequences prove out our destructive obsession.

¹⁰ Alcoholics Anonymous, 4th ED. HOW IT WORKS, p. 59.

¹¹ Twelve Steps and Twelve Traditions, STEP SEVEN, p.71.

¹² Twelve Steps and Twelve Traditions, CONTENTS, Step Twelve, p. 9.

¹³ Twelve Steps and Twelve Traditions, STEP ELEVEN, p. 100.

^{14,15} Alcoholics Anonymous, 4th ED, MORE ABOUT ALCOHOLISM, p.30.

FLINT AREA UNITY COUNCIL AIMS AND PURPOSES

- 1) To promote Unity among Flint Area A.A., and harmony with Al-Anon and Ala-teen groups.
- 9) The Council will create service committees and be financially responsible for them.

The entire **F.A.U.C. Aims and Purposes with Election Procedures** is on the website www.geneseecountyaa.org.

The circle/triangle symbol of A.A. that was used for many years has been removed from this Newsletter in accordance with the following statement by A.A. “In 1993, Alcoholics Anonymous World Services, Inc. announced that official use of all of the several circle/triangle trademarks and service marks was being discontinued.”

From “THE A.A. SERVICE MANUAL combined with TWELVE CONCEPTS FOR WORLD SERVICE” 2021- 2023 by Bill W. page 64, reprinted by permission of A.A.W.S. Please read paragraph seven on page 64 to understand this change.

“Open up your heart,
let's come together
Use a little love
And we will make it
work out better...
“Peace, remember peace
is how we make it,
Here within your reach
if you're big enough to take it”¹⁶

TRADITION ONE

“Our common welfare should come first: personal recovery depends upon A.A. unity.” (Short Form),¹⁷

“Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.” (Long Form).¹⁸

Tradition One is in practice the essence of the excerpt from the song lyrics above introducing this Tradition. In what way you may ask?

Let's talk from the heart with love and peace. Remember “for those still suffering, in and out of the program”. We've all heard that soliloquy.

Define Soliloquy: an act of speaking one's thoughts aloud when by oneself or regardless of any hearers, especially by a character in a play.

Hahaha. Remember the chapter in the Big Book that talks about the actor in the play? (From the last paragraph on page 60 to the end of page 62). Although we have all acted out in certain, most assuredly different ways, the root cause always came down to self-centeredness. And so we learned, and put into practice using God as our Director.

What does this have to do with common welfare and unity? Remember the saying, “God will never give you more than you can handle.” Poof! There goes our self-centeredness. Bam! Here comes our heart, love, and peace for others. Paul tells us: “God is faithful, and He will not let you be tested beyond your strength but with your testing He will also provide the way out so that you may be able to endure it” (1 Corinthians 10:13). (Continued on p. 5).

Before Tradition One



After Tradition One



NO GLUM LOT HERE



The Board Meeting

“There will be a meeting of the Group Board (also called the Group Conscience) immediately after this meeting,” announced the meeting chair.

After the close of the meeting, the Group Board gathered at the back of the Meeting Room. But a stranger was in their midst — a visitor who had never attended their Group.

“My friend,” said the GSR, “Didn't you understand that this is a meeting of the Board?”

“Yes,” said the visitor, “and after today's meeting, I suppose I'm just about as bored as anyone else who came to this meeting.”



Yet another meeting with the totality of your sharing being a nap and a purview of nothingness...

Ned & Jed

How're doing Jed with that last Chopper Board Meeting we had? Seems like those fella's have a lot to talk about, but no one wants to step up and be a part of making things run. Did you notice any discord, or mostly agreement?



Y'see Jed, when you see people start agreeing, then they become willing by and by. You mean first everybody gets along before work gets done?

That, Jed, is the way it is. The principle of common welfare and unity is togetherness in harmony. You won't see choppers stepping up into a hornet's nest. First, decisions made by the group depend on supporting a unanimous position if possible. If all the choppers want to fell the same lot, they work towards a common goal in harmony and gusto!



I did hear a lot of contrary sentiments. Then they let those fella's discuss the pros of their views. Then the choppers voted again. Was interesting when I did see a one way view become part of the chopper view. Next day, those trees fell to fella's singing.

F.A.U.C. Committees; Officers & Chairs.

Committee Chairs with names. (Visit the website www.geneseecountyaa.org to email the F.A.U.C.).

F.A.U.C. Chair: Gerri L.

F.A.U.C. Secretary: Sandra C.

Pass The Hat Assoc. Treasurer (P.T.H.A.): Steve C.

Al-Anon Liaison: OPEN.

Accessibility for All Alcoholics: Dennis S.

A.A. Answering Service: Jason J.

C.P.C. - Cooperation with the Professional Community: Jim F. **Corrections:** Dan M.

Grapevine: OPEN.

Literature/Meeting Books/Newsletter:

James P. / Doug G.

P.I. - Public Information: Jason Z.

Treatment: Moe M. **Website:** OPEN.

Young People: Jason J.

F.A.U.C. Newsletter

Editor: Doug G. Coeditor: Randy H.

The December 2023 Newsletter went to 239

emails, with 139 Website Hits = 378 readers.

2024 F.A.U.C. Meetings; Date: Place: Host Group.

Next F.A.U.C. Meeting: Meetings are on the 3rd Saturday of the month at 12:30 pm for the General Assembly. **Host groups are encouraged to Host at their location** (but will meet at St. Mary's School if needed).

January 20: St. Mary's School; Women in A.A.

February 17: St. Mary's School, Torrey Rd. Grp.

March 16: St. Mary's School, Flushing-St. Roberts.

April 20:

May 18:

June 15:

July 20:

August 17:

September 21:

October 19:

November 16: St. Francis; Quaderer Hall, 212 Center St, Otisville, Otisville A.A.

December 21:

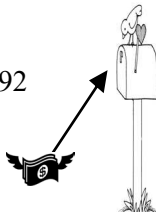


A.A Treasurer's addresses:

G.S.O. P.O. Box 2407, James A. Farley Station, New York, NY 10116-2407

CMIA 32 Treasurer c/o Ed LaLonde
527 Handy Drive, Bay City, MI 48706-4292
(For F.A.U.C.)

P.T.H.A, Inc. 4225 Miller Rd. Suite 119, Flint, MI 48507. Please make checks payable to **Pass The Hat Association, Inc.**



Group NEWS

The F.A.U.C. meets January 20, 2024 at 11:30 AM for Committee Meetings and GSR's to Elect new DCM, 12:30 PM General Assembly, St. Mary's School, 2600 N. Franklin, Flint, Hosted by Women in A.A.

* New District 12 DCM Nominations & Election on January 20th F.A.U.C. at 11:30 AM.

* January 20th F.A.U.C. Panel & Presentation on Sponsorship immediately following the F.A.U.C. assembly, approximately 2:30 PM.

* January 24th, Wednesday, Gaines A.A. presents the F.A.U.C. Traditions Skit, 7:00 PM.

* January 31st, Wednesday, Gaines Tradition One - Cooperation & Sharing POTLUCK, 7:00 PM.

* CMIA32 Meeting on February 4, 2024, Hosted by District 10 at The Z Hall, 1775 Owosso Avenue, Owosso, MI 48867, 9 AM Coffee. C'mon down!

* F.A.U.C. December Meeting Minutes.

* OTM Flyer for Virtual Meetings.

* = Flyer at end of Newsletter; New F.A.U.C.

Committee Chairs have been elected, Openings still for Al-Anon Liaison, Grapevine, and Website. Please Step Up to Service Work!

Group wants a Newsletter announcement? Email farfromittoday@aol.com by the 20th of the month.

The F.A.U.C. Newsletter is looking for articles & ideas.

Request a Newsletter by email: farfromittoday@aol.com.

THESE MEETINGS ARE OPEN AND LISTED ON THE WEBSITE.

January 2024 Flint Area Open Speaker Meetings

* = Addresses of Locations can be found in the 2023 Flint Area Groups Meeting Book or on the website www.geneseecountyaa.org under the Meetings Tab.

- Fri 5 12 noon, Eye Opener, Arid Club.
- Sat 6 7:30 pm, East Side St. Mary's.
- Sun 7 6:00 pm, Torrey Rd. Group, Arid Club.
- Thu 11 7:00 pm, Van Slyke.
- Fri 12 12 noon, Eye Opener, Arid Club.
- Sat 13 7:30 pm, East Side St. Mary's.
- Sun 14 6:00 pm, Torrey Rd. Group, Arid Club.
- Sat 20 7:30 pm, East Side St. Mary's.
- Sun 21 6:00 pm, Torrey Rd. Group, Arid Club.
- Thu 25 7:30 pm, Swartz Creek Group, St. Bartholomew.
- Sun 27 6:00 pm, Torrey Rd. Group, Arid Club.
- Sun 28 6:00 pm, Otter Lake, St. John's the Baptist Ch.
- Sat 27 7:30 pm, East Side St. Mary's.
- Sat 28 7:00 pm, Thetford
- Mon 29 7:00 pm, Montrose HOPE.

Meeting has an Open Speaker? Email farfromittoday@aol.com.

IDIOMS & PHRASES WHAT DOES IT MEAN?

PREACHING TO THE CHOIR

MEANING

Used when you are telling someone something that they already know or arguing an opinion that they already agree with

(Continued from p. 3).

For those non-believers of the Bible, here is an author's take on that, "I've heard well-meaning people say, "Yeah, what you're going through is hard, but God won't give you more than you can handle."

"The problem with that and Mother Theresa's famous quote—"I know God won't give me anything I can't handle. I just wish he didn't trust me so much"—is that it's not Scriptural. And anything meant to be a comfort becomes a confine when it isn't based on Scripture. What if Scripture actually says God intentionally gives us more than we can handle? ... So, in the face of overwhelming inadequacy, we set our hope on the One who gives us more than we can handle. We look to the One who handled it all, who has declared in his all-sufficient strength, "It is finished.""¹⁹

We are the proof that our changed lifestyle, togetherness, common welfare, unity, and harmonious actions are not due to Scripture, but to our understanding of a Higher Power in our everyday lives. Through this truth of living, we have become what we were promised by simply avoiding the drink and following a few simple suggestions. "At some of these we balked".²⁰

So where does harmony and unity come together? Stated very clearly in the second Chapter of the Big Book,

"The tremendous fact for everyone of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action."²¹

It takes very little to understand that "we" in the above quote signifies unity as expressed by "every one of us".

Furthermore, "agreement" and "harmonious action" is harmony in practice.

But then, this Fellowship and its suggested ideals were all new to me in thoughts, actions, and deeds. But going into concerted efforts of *HOW* delivered me from that despair and connected me to people whom I could Fellow follow.

Still being prey, for longer than I care to mention, to the emotional hangover; "That is the emotional hangover, the direct result of yesterday's and sometimes today's excesses of negative emotion -- anger, fear, jealousy, and the like."²² I came to listen, listened to understand the Fellowship's suggestions, and saw by watching how it all works together - Common Welfare and Unity.

CONCEPT I

"Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship."²³

"The final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship."²⁴

The A.A. structure is to ensure direction taken by the group conscience of the fellowship is not the demands of a few.

"Groups elect GSR's (General Service Representatives) which attend District meetings. The GSR's in a District elect a DCM (District Committee Member) to lead the District meetings and to represent the District at meetings of the Area Committees. Meetings of GSR's in an Area are called Assemblies. Area Assemblies send delegates to the AA-wide General Service Conferences that are held every two years. The General Service Conference determines matters of AA policy, and the General Service Board operates the day-to-day business.

"The principle behind the first concept is that we dedicate our sober lives to serving the group conscience."²⁵

Footnotes for p. 3

¹⁶ It Don't Come Easy, Ringo Starr, 1971.

¹⁷ Alcoholics Anonymous, 4th ED, APPENDICES I, the Twelve Traditions, p. 561.

¹⁸ Alcoholics Anonymous, 4th ED, APPENDICES I, The Twelve Traditions, p. 562.

Footnotes for p. 5.

¹⁹ Sophie McDonald, 11/13/2017, GOD WILL GIVE YOU MORE THAN YOU CAN HANDLE

²⁰ Alcoholics Anonymous, 4th ED, HOW IT WORKS, p. 58.

²¹ Alcoholics Anonymous, 4th ED, THERE IS A SOLUTION, p. 17.

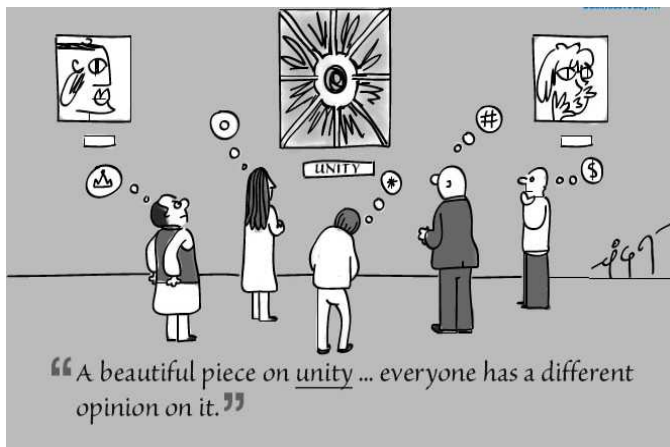
²² The Twelve Steps and Twelve Traditions, STEP TEN, p. 88.

²³ The A.A. Service Manual combined with Twelve Concepts for World Service by Bill W., 2021 2023 Edition, page IV. (Short Form).

²⁴ The A.A. Service Manual combined with Twelve Concepts for World Service by Bill W., 2021 2023 Edition, page V. (Long Form).

²⁵ http://www.1212and12.org/homework/concepts/1212and12_concept_1.pdf





"A beautiful piece on unity ... everyone has a different opinion on it."



Take your mother for example. She's not much to look at but she's darn handy with the cookware.



CALL THE FIRE DEPARTMENT!!!

Actually, this is not a fire.
It's the reflection in the window's glass of a spectacular outside sunset.



My wife wants to have a talk of my childishness, but she doesn't know the Entrance Password!



Thanks ANna Marie

SO SHE OPENS THE FRONT DOOR AND SHE'S ALL, "IN OR OUT? IN OR OUT?" GIVE ME TIME TO THINK, HUMAN!

I NEED AT LEAST FIVE MINUTES.



It's more than just coffee.

Thanks Katrina F.



810-234-0815; Flint Area A.A. 24/7 Helpline.

To find a meeting, scan this QR Code into your phone for immediate information on meetings, days, and, times in this area.



The Wisdom of the Rooms

12 Months of Reflections for People in Recovery

November 6, 2023

Quote of the Week

"The key to my serenity today is directly linked to my ability to stay in the moment—to be in the present."

Before sobriety, I was rarely able to stay in the moment and instead spent most of my energy dwelling on other times. I was either thinking about the past and regretting what I did or didn't do or obsessing about the future and about what will or won't happen. The past and the future both filled me with anxiety, so I filled the present with as much alcohol as I could. After a while, my present became intolerable as well, and I admitted that my life had become unmanageable.

In recovery, I learned the true wisdom in this quote. My sponsor told me that the reason the past and future filled me with anxiety is that, when I go there, I go there alone, without God. God only exists in the present, he said, and that is the only place I can find true peace and serenity. And the way to be content with the present is to work the Steps, clear away the wreckage of our past, and develop an ongoing relationship with our Higher Power.

It took a lot of work to achieve recovery in the program, but the result has been life-changing. Through the Twelve Steps, I am able to live in the present and in the presence of my Higher Power. But alcoholism is a tricky disease, and it still tries to lead me into the dark past or an uncertain future. If I go there, I find myself again alone. My solution is to get back to "where my feet are"—to the present. Once I come back to the now, I come back to God, and my ability to be serene returns.

"When I am disturbed, it is because I find some person, place, thing or situation -- some fact of my life -- unacceptable to me, and I can find no serenity until I accept that person, place, thing or situation as being exactly the way it is supposed to be at this moment."

Alcoholics Anonymous, 4th ED, ACCEPTANCE, p.417. Reprinted with A.A.W.S. permission.

"And when humility and serenity are so combined, something else of great moment is apt to occur."

Twelve Steps and Twelve Traditions, STEP FIVE, p. 62. Reprinted with A.A.W.S. permission.

SET ASIDE PRAYER

God, please help me set aside everything I think I know about you, everything I think I know about myself, everything I think I know about others, & everything I think I know about the Big Book of Alcoholics Anonymous. Please help me to have a much needed open mind, open heart & a new experience with these things. Please help me see the truth.
Amen.

“Some of us had this experience, only to enjoy, in a few months, a finer intimacy than ever.”
Alcoholics Anonymous, 4th ED, **THE FAMILY AFTERWARDS**, p. 134.

Step Six. We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all—every one? If we still cling to something we will not let go, we ask God to help us be willing.

When ready, we say something like this: “My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.” We have then completed *Step Seven*.

Alcoholics Anonymous, 4th ED, **INTO ACTION**, p. 76.

Quotes reprinted with A.A.W.S. permission.

▲Daily Acceptance

"Too much of my life has been spent in dwelling upon the faults of others. This is a most subtle and perverse form of self-satisfaction, which permits us to remain comfortably unaware of our own defects. Too often we are heard to say, 'If it weren't for him (or her), how happy I'd be!'"

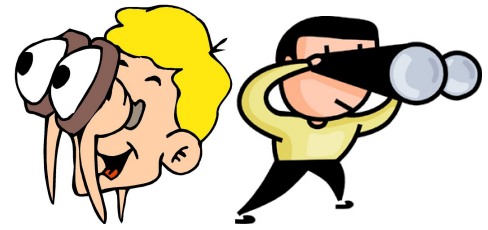
<<<<<<>>>>>>

Our very first problem is to accept our present circumstances as they are, ourselves as we are, and the people about us as they are. This is to adopt a realistic humility without which no genuine advance can even begin. Again and again, we shall need to return to that unflattering point of departure. This is an exercise in acceptance that we can profitably practice every day of our lives.

Provided we strenuously avoid turning these realistic surveys of the facts of life into unrealistic alibis for apathy of defeatism, they can be sure foundation upon which increased emotional health and therefore spiritual progress can be built.

1. *LETTER*, 1966

2. *GRAPEVINE*, MARCH 1962



AS BILL SEE'S IT, DAILY ACCEPTANCE, p. 25.

Reprinted with A.A.W.S. permission.

"Their defects may be glaring, but the chances are that our own actions are partly responsible."

Alcoholics Anonymous, 4th ED, **INTO ACTION**, p. 83.

"Now let's ponder the need for a list of the more glaring personality defects all of us have in varying degrees."

Twelve Steps and Twelve Traditions, **STEP FOUR**, p. 48.

"Practically everybody wishes to be rid of his most glaring and destructive handicaps."

Twelve Steps and Twelve Traditions, **STEP SIX**, p. 66.

"Some will object to many of the questions posed, because they think their own character defects have not been so glaring."

Twelve Steps and Twelve Traditions, **STEP FOUR**, p. 53.

"We had made the invention of alibis a fine art."

Twelve Steps and Twelve Traditions, **STEP FOUR**, p. 46.

"But there is another kind of hangover which we All experience whether we are drinking or not."

"That is the emotional hangover, the direct result of yesterday's and sometimes today's excesses of negative emotion -- anger, fear, jealousy, and the like."

Twelve Steps and Twelve Traditions, **STEP TEN**, p.88.

"In all times of emotional disturbance or indecision,
we can pause, ask for quiet,
and in the stillness simply say:

"God grant me the serenity to accept the things I cannot change,
courage to change the things I can,
and wisdom to know the difference.
Thy will, not mine, be done."

Twelve Steps and Twelve Traditions, **STEP THREE**, pp. 40 – 41.

All quotes reprinted with A.A.W.S. permission.



*Heard it
'Round the Rooms!*



I have been called a Big Book Thumper.
So I got a smaller book.

I hear about my Guardian Angel and ODAT on my shoulders.
What does ODAT mean?
I was told that it means,
Don't Worry about it.
ODAT means
One Day At (a) Time.



As Bill See's It...
Humility – Do God's will at all times.

“Where humility formerly stood for a forced feeding of humble pie,
it now begins to mean the nourishing ingredient that can give us serenity,”
As Bill See's It, p. 22, from Twelve Steps and Twelve Traditions, STEP SEVEN, p. 74.

Asked to be a sponsor, I said, “No, but I'll give you my sponsor. Learn to pray.”
I just need to listen and learn. You people sound a lot like my God.



A.A. quotes reprinted with A.A.W.S. permission.

SPECIAL FLINT AREA UNITY COUNCIL ANNOUNCEMENT!!!

**Attention all GSR's in District 12.
Time to elect a new DCM (District Committee Member).
Nominations and election Will Take Place January 20, 2024
The time is 11:30 AM sharp.
The place will be St. Mary's School, 2600 N. Franklin Flint, Michigan.**

*Urging all groups to send some type of representation to
Flint Area Unity Council monthly meeting.*

TERM OF OFFICE

DCMs serve a term of two years. Alternate DCMs also serve two years. In many areas DCM terms coincide with those of the "panel" covering the area delegate's term of service. (See Glossary for a definition of "Panel.")

▶ DUTIES & RESPONSIBILITIES

Every district is different, but the following are relatively common service activities undertaken by DCMs:

- 1.** Regularly hold district meetings. DCMs are asked to give reports to the GSRs on news, issues, proposals and future events from the area and G.S.O. It is also important for DCMs to keep the GSRs informed about Conference activities, perhaps even assisting the delegate in reporting the proceedings of the General Service Conference, either by organizing report-backs or delivering the reports to their districts in lieu of the delegate. GSRs are typically asked to report on what's happening in their groups, and DCMs can make sure that GSRs have what they need in order to assure good communication across the service structure. (See the section titled "Making Reports" in Chapter 1 for a list of publications that can be helpful to DCMs in making reports to the district.)
- 2.** Regularly attend area assemblies. The number of assemblies during the year varies by area. All DCMs (and GSRs) from around the area are asked to attend. DCMs (and GSRs) are voting members of these assemblies. (See Chapter 3 for more information on the area and assemblies.)
- 3.** Reach out to groups in the district that do not have GSRs. Some groups may have little or no history of electing GSRs. Some may have had active GSRs in the past, but no longer. The DCM is asked to open a line of communication with these groups. The purpose is not to badger them into electing GSRs, but to begin to connect them to A.A. as a whole.
- 4.** Organize workshops and/or sharing sessions on service activities.
- 5.** Bring Traditions problems to the attention of the delegate.
- 6.** Help GSRs become acquainted with *The A.A. Service Manual/Twelve Concepts for World Service*. DCMs can also be helpful by introducing the GSRs to *Box 4-5-9* and service material from G.S.O., which includes workbooks and guidelines on an array of topics.
- 7.** Alert the district's GSRs to new literature, service materials and technology applications from G.S.O. and Grapevine. This includes new books published by A.A. World Services and the Grapevine. The literature catalogs of the two corporations are an excellent resource. DCMs often hear about new literature before it appears in the catalog, and it can be helpful to alert GSRs on what's coming. The groups may have questions and comments on these. The DCM can help the GSRs address these while also passing them along to the area and the delegate.
- 8.** Assist the delegate in obtaining group contact information for A.A. Regional Directories. These directories are used for A.A. purposes only. They include information on individual groups by city within each province or territory, with contact information on group contacts.
- 9.** In many areas, DCMs attend area committee meetings in addition to area assemblies. The purpose and scheduling of these meetings varies by area. (For more information, see Chapter 4 of this manual on the area committee.)

SPONSORSHIP

Panel and Presentation

Another Awesome production brought to you by

FLINT AREA UNITY COUNCIL
District 12

Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.

Questions
&
Answers
on
Sponsorship



is A.A. General Service Conference-approved literature.

**This is an
experience
you must not
miss.**

January 20, 2024 at 2:30 PM
Saint Mary's School
2600 N. Franklin Flint MI. 48506

Panelist share their experience with sponsorship.
Q&A
Presentation on "Window of opportunity"
Light lunch afterwards.
Some literature for sale.

CMIA 32 Area Assembly

District 10

February 4th, 2024

In person and virtual via Zoom:

Meeting ID: 970 9209 4118 Passcode: area32



9:00 am Coffee - Donuts & Fellowship

9:30 - 9:45 am Morning Opening Session

9:45 am - 10:30 am Finance Committee

10:00 am - 11:30 am GSR Meeting

10:30 am - 11:30 am DCM Meeting

® 11:30 am - 12:30 pm Committee Meetings

12:30 pm - 1:00 pm Lunch

1:00 pm - 3:00 pm General Assembly

Business Meeting

The Z Hall

1775 Owosso Avenue

Owosso, MI 48867



GAINES AA

JANUARY 24TH, 2024

7:00 PM

The
TWELVE
TRADITIONS

Illustrated

PRESENTS THE

F.A.U.C.

TRADITIONS SKIT

303 WALNUT STREET

*This is A.A. General Service
Conference-approved literature*

GAINES MI 48436

Copyright © 1971 by
Alcoholics Anonymous World Services, Inc.
All rights reserved.

Mail address: Box 59
Grand Central Station
New York, NY 10163

www.aa.org

FOOD AND LIGHT
BEVERAGES
PROVIDED

50M - 05/17 (DG3)

P-43

Printed in U.S.A.

P-43 PAMPHLET COVER

REPRINTED WITH A.A.W.S. PERMISSION

GAINES A.A.

PRESENTATION OF TRADITION ONE.
POTLUCK BEFORE
INTER-ACTIVE COOPERATION
AND SHARING.

WEDNESDAY, JANUARY 31ST, 2024

MAIN ENTRÉE PROVIDED WITH
LIGHT BEVERAGES.
PLEASE BRING
A DISH TO PASS!!!



OH, that Meeting

a AA - LGBTQIA+ Group For Anyone, Anywhere, Anytime aka a Queer, GayAA that meets virtually every **Sunday & Wednesday** @ 5:30pm via  **zoom**
HERE'S OUR ZOOM MEETING ID:

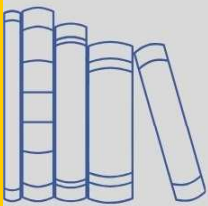
863 8344 1512

and if you want, try this direct Zoom link;
<https://us02web.zoom.us/j/86383441512>

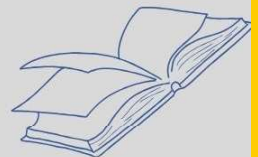
[note; we open/start Zoom at **5:00pm** to have an open chat, to catch-up & hangout before the 5:30pm EST meeting begins]



please join our PRIVATE Facebook group
www.facebook.com/groups/gayaaohtthatmeeting



O.T.M. post, and shares daily readings; AA's - Twenty-Four Hours A Day, 'Thought, Meditation & Prayer for the Day', and Just For Today, 'Daily Recovery Readings'



We are affiliated with AA's -
Flint Area Unity Council (F.A.U.C.)

'Oh That Meeting' was established; on the 12th of April 1982 for Flint, and the greater Genesee County's Gay & Lesbian, and allies community, but switched virtually in early 2020 due to the pandemic, and has stayed virtual only